

Safonova M.V. Vylivnoy S. L.

# The Integrally Whole Human

**Vol. I.** Book eight

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Now you have to learn feeling your heart and your stomach, only in such a way Sacred LINK will be able to fill every cell of your body. Now your heart is the source of the Sacred LINK. Sacred LINK in the form of a fluid from your stomach can reach every organ and cell of your body.

You can find the materials of this book on the website: **zdes-i-sejchas.com.ua** 

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### Preface

Rivers are shouting, seas are murmuring and oceans are silently watching in hope to see and feel an integral man. You cannot even imagine how multiple combinations of multidimensional energies are eager a human to wake up and talk, playing with them as it has always been. All the nature of the Earth is looking forward to the beginning of the game called Cocreation. The aim of this game is to illuminate the God in each of you. This game increases integrity of every person illuminating the eternal nature. And you, human, do not you want to play this exciting game, Cocreating new worlds? But in order to reach this live filling, you have to collect and find the sacred Link between the God and a human.

Would you like to be yourself again: to be an integral human?

Do you want to know yourself and understand the eternal nature, which has always existed and will always exist?

If yes, this book is for you. It will reflect eternal, endless motion in you, illuminated and blessed by the CREATOR, Adam, Eve and Love!!!

#### Take Yourself, this is the proper moment!!!

If you miss this moment, you will be waiting for the next one for the whole eternity.

## Hello, Love!

Love! Light of life! It illuminates every millimeter of the Universes, but for some reason people do not notice it. A human does not notice this Divine light, that is why he has to analyze himself and his life looking for the solution. Love! Only It can bring every person to himself. The mankind can do different things in search of this light, desired and happy feeling, but it is pointless without Love. You have to feel and know Love, because you cannot understand Yourselves without It. Love is always near the human, it is so close, that only millimeters separate it from a human. HERE and NOW it wants to be embodied in every action, every human thought. HERE and NOW it wants to illuminate every millimeter of human bodies, improving and harmonizing all the Spaces. It can find and tie all the broken Sacred CONNECTIONS. It can expand eternally: in the eternity of the Creative Space. It can warm every person and give him or her the eternity of BEING. It can make you happy with the feelings, taking your breath away with warmth. And then they usually say:

### - Hello, Love!!! I have found you...

John Williams Anderson was standing at the window of his flat on the 102<sup>nd</sup> floor of the skyscraper, he was standing there and felt doubt and despair. He could hear the monotonous noise of the giant megalopolis called New-York. Rain was trying to conceal the city from John providing him with his own Space. Anderson was looking into the distance, through the city, trying to define the moment at which his life was trying to lose its sense. Getting up

today he felt unbearable emptiness in his body, it made his soul ache. Suddenly John realized that his life was empty and pointless, he wanted to cry:

Oh, my God, I cannot live like this anymore, but why do I feel such pain? – John pronounced. – It was not the aim of my life. I am 40, and I am at the brink of the nervous breakdown. I cannot understand this world, and it cannot understand me; I feel bad, miserable and desperate, everything happening to me has no sense. For 20 years I have worked at an office dreaming of freedom, but I became a slave. My world outlook brought me to the maze, and now I have to find the way out ..., besides, I have a pile of credits, which tease me ...

There was a pause in his meditations ... His eyes were looking for something, then suddenly unexpected even for himself, John hit the window with his palm and said:

- I have never loved in all my life, although I dreamt of these feelings. I became a liar, now I understand it. Oh my God, I want Love? ... I desire It...

Then John started running his life back as a film, trying to find something light in his life.

- Here it is! - he exclaimed. - Sure! Love! Only she has always understood and led me! Oh, I was so desperately in Love with one girl, that I could not breathe, feelings and emotions overflowed my body with vivifying warmth. Yes..., at that moment I was happy I experienced incredible feelings ...

It was pouring outside, drops were hitting the window.

Yes, at that moment I was happy as never before.
 Life was wonderful and miraculous, full of reasonable sense.

Katherine! Of course, her name was Kate – it was the first and the last Love in my life. How did I lose these incredible feelings? What happened? What could happen? We were about 9 when I first saw her, she was so beautiful. It is strange but I remember these events as if it was yesterday. I approached her and confessed. But she looked at me in embarrassment and asked me never talk about it. Then I did not understand why, but now I understand it: perhaps it was too early for our relations ... After that life brought us together again and again, and I was astonished by the feelings in my body. She has always looked at me so tenderly and warmly that I felt like drunk.

...Suddenly he heard a loud bang in the window which stopped his memories. Through the wall of rain John could hardly see a large bird, it lost its way and banged into the window of his flat. At that moment John's heartbeat fastened, he felt something and suddenly pronounced:

- Kate, do not die, stay with me, as I Love you. I Love you so much...

After these words suddenly it became completely silent. Rain stopped and the megalopolis was silent, that is why everything was quiet. Suddenly John saw a hospital bed and the girl on it, her eyes closed. The doctors were fussing around her, trying to take her from the other world.

- Kate! Kate, it is you, I know it, my feelings tell me it is you. What happened to you? Why are you at hospital?

At that moment Anderson saw Kate's life up to the hospital bed.

- She loved me, how could I not feel it ... Or rather my feelings were always with me, but why did I ...?

John remembered their meeting when he was a young man, their eyes met but his pride made him suppress his feelings.

- Why did I do it? pronounced John. I went past her as if I did not notice her, and she was following me with her eyes in bewilderment. At that moment I betrayed Love and Kate. At that moment I lost myself. At that moment my future life was decided. There was only fuss and lies in my life. That was the moment when I lost my way.
- Kate! Kate, do not die, do not die! cried John. HERE and NOW I have remembered and assembled everything: I love you!

Katherine opened her eyes and smiled.

- I love you too, John! All my life I have been waiting these words from you.
- Kate, Kate, I will come to you! Now, as soon as I understand where you are, I will come to you, my dear.
- Do not worry, John. I am leaving this life as we once agreed.
  - When? When did we make this agreement?
  - Do not you remember?

John closed his eyes, something was moving along his body up and down ...

- Remember, John, remember.

- Yes..., yes..., I remembered: we were standing at the river and daydreaming, or rather, Created our future incarnation. You said: "Let us meet in the city of New-York when we are 9 and we will never part." And I said: "Yes, my dear, I want it." But suddenly you added that if I betray Love you will live only 40 years and leave for your Planet. I did not agree: "How can I betray my feelings, what are you talking about?" And you said: "My feelings tell me that you can but I am not angry, because I Love you." I remember everything! Kate, my dear Kate, I...

The light in the operating-room went out, the doctors registered the time of death. John was standing at the window in his flat, looking into darkness; tears were rolling down his cheeks.

- How ... How could it happen, Kate? Do not leave, we could live together for a long time ...

John closed his eyes, trying to see where his beloved was going. Tunnel... Light... Stars... Tunnel again, and then – Light...

- Here it is, Planet called Glastya, pronounced John.
- But where are you, my dear, where?

John did not see the walls of his flat anymore, there was no distance, there was nothing to keep or limit his actions, as he was in the state of weightlessness.

- Where are you? Where? pronounced John, and at that moment he saw large, light eyes of the girl.
  - Angelusha, you are here, my dear.
  - Prastyek, darling, you must not be here.
  - But I do not want to let you go. Do you understand it?

- Yes, darling, but there is the proper moment for everything, you missed your moment, now you have to wait for the new opportunity.
- I understand it, but still I want to be with you for a short time.
- Prastyek, your earth body can be decomposed of such compression. Do you realize it?
- Yes, my dear, I am keeping my body with the power of my thought, and it will cope with it.

#### - Return, return....

John opened his eyes and saw himself lying on the floor. His body was pulsating, it was very painful. Every breath was supported by decomposition of his body.

- I am here. HERE and NOW I am acquiring myself, - John could hardly pronounce these words. - I will create the multidimensional moment, at which we will meet again, and I will never betray my feelings because I will always follow Love. Let it be like this!!!

You have always said: "Hello, Love!" You have always followed Love. It was the link between YOU and YOU, and with the events you took part in. Every event was followed by a flash: Love fixed and stabilized every event, giving you information about the harmony of everything you had done. Only in such a way you could escape the samsara circle, and you were free in your choice. Love is the base of everything. And you knew and understood It – Love. NOW Sergey is trying to remember these feelings, but in vain, because he is looking in the wrong place. Look into yourself, look into yourself. What can you see?

- There are your organs in liquid, small bubbles followed by the motion of the liquid.
  - Look deeper.
- I can see blue light, covering my body. No, it is a little different: I feel that this light is the base my body is built on, it would be a proper definition.
  - And now look around, what can you see?
- This light is spreading all over the Earth, and it is the base for everything existing on our Planet.
- Yes, it is so, Love is multidimensional, it is the universal base.
- Now tell me, Sergey how can we avoid sticking in relations of two people loving each other? Let Me help you remember:

In one of our Incarnations We were processing the relations of all the people. We compared and composed different relations between people, illuminating harmony, which allowed accepting Love. If you want your relations always be in development, you do not have to stick to him or her. Men can communicate with many girls, falling in love with them; and women in their turn, can communicate with men and fall in love with them. This is not a paradox, as many of you may think; this is multidimensity and eternal motive nature. People's feelings are like a pendulum and motive power, harmony of Love will always correct feelings, leading the person to counterbalance of all the Creative Space. But truly great Love will always keep the human and his feelings, which will always be illuminated.

But people used to sticking in their relations, in which there is no Love, for example: between a husband and a wife, parents and their adult children, even between a man and his job. These relations are not harmonic, uncomfortable and limited. As a result we get the zone of comfort covering everything disharmonic. This zone keeps a person like the grip, and then it is beginning to squeeze a human and thus, his Space. The human race is afraid of leaving this zone, their fear makes people get used to illusive comfort, because everything beyond it is unintelligible and obscure; that is why illusion makes people think that as soon as they leave their zone of comfort, their life will stop, as the illusive pleasure of this life will disappear. This zone includes all aspects of life, providing their owners only with motionless and dead subspaces. But you have to understand properly: this zone is not helpful, it only creates troubles and keeps people from understanding themselves, processing disharmony of their lives; it does not allow people to understand and harmonize themselves and their Space; in other words, it does not allow to get rid of endless and senseless reincarnations.

Look: NOW you can see me; I am wearing a long white dress, playing with the wind. My right hand is pointing at two people. They are Angelina and Patrick; looking at them you will see how they have to deal with each other, being afraid of losing their dead relations, being afraid of changing their lives, which cannot liberate their prisoners.

Patrick lives in Ukraine, and Angelina lives in Belorussia. They will meet soon. Patrick was brought up in the family, where there was understanding. His mother, controlling her son, has always told him: "If you have any problems, you can ask me." Patrick has always acted like this. On the contrary, Angelina has al-

ways solved her problems herself; she has acted this way from life to life, while Patrick solved his problems with the help of other people. But life situations will bring them together. You can ask what for? For solving disharmony between them. Until these people solve their situations harmonizing them, from life to life they will be born again and again in the same clothes, with the same situations and problems. Besides, the zone of comfort does not allow people to make reasonable decisions. In the last life Patrick and Angelina met, as well as in the prelast, the events in their lives led these people to marriage. They have lived for 25 years as a couple, and for the last 10 years they hated each other so much that lost their Love. Their hatred turned into revenge and all of a sudden Patrick killed Angelina. Now they have to meet again to harmonize their relations and make a step which can liberate both of them of this vicious circle.

They had to meet in the Crimea again. A comfortable beach covered with sand, kept the Black Sea. Now and then the sea threw its waves onto the beach, emphasizing its liveliness and endlessness. The Sun with great joy warmed the Crimean beach and caressed every centimeter of nature. Walking along the beach and enjoying the surrounding romance, Patrick suddenly met Angelina's look. At this moment he felt strange sensation in his heart and stopped. Looking into Angelina's eyes, he experienced controversial feelings: the girl was pretty and her beauty warmed him; but at the same time his feelings were unpleasant. He did not understand what to do with his feelings, he was looking in well-known eyes but could not remember where he could see them. The girl made the first step, she waved her hand at him and smiled. The boy was standing, he could move neither his hand nor his leg. But the girl was insistent, she asked him to do something. Patrick

moved towards her but stumbled and fell down. The girl approached him laughing.

Can't you stand on your own feet yet? – said Angelina laughing.

Trying to explain Patrick said:

- No, it is something different, but I do not understand what it is.

So these people began their new and at the same time old communication; they are trying to process disharmony between them. They will marry again and they will tolerate with each other being afraid of doing something to change their lives. They have to decide on changes and harmonize their Spaces in Love, harmonize the events which produced this disharmony. This is the work for Patrick and Angelina. Will they be able to break this circle? Nobody knows, because everything is happening HERE and NOW.

### Common cauldron

People fall in love with each other, after that some of them unite their hearts, and some of them do not do it. But the human race does not understand what the nature of the phenomenon of Love at this particular moment of timelessness is. You tell each other about your Love but your feelings are not true Love, or rather, it is not Love at all. "What do you mean?" - you can ask. In one of our previous books of the series "The Rose of the World" we have already told you what happens to people after death: not all people can transit keeping all their organs and parts of their bodies: legs, hands, head, kidneys, liver etc., almost all people transit without many organs and limbs. This state does not allow you to be yourselves. As you have lost the energy of an integral human. The God and Love project people onto the Earth again in their physical bodies, but they are not you. "Then who are we?" – you can ask. There is so called "common cauldron", containing the parts of humans, i.e. hands, feet, heads etc. This cauldron is the space containing the energy of you as integral people. Well, imagine that the person had lived his life unreasonably and death took him from his physical embodiment (we have already described what happens to people after death), after that energy is redistributed. It means that the person, who has lived unreasonable life, will give back to the common cauldron everything he got for the period of his life. "What is left for this person?" – you will ask. It depends on the person, as you could guess, and again this person wants physical embodiment, it means that if you want physical

appearance you need your lost limbs and organs. But there are people, whose spirit is so strong that they ask the God to reflect them as they are. And the God does it, but you pity such children, born without hands or one hand, or there are cases when children are born both without hands and feet. You usually add: "What are you punished for, baby?" But this baby knows that it keeps itself. It will live his life and save himself; in his next life it will be born an integral human with its own hands and feet, it will learn the feeling of freedom, happiness and Love, because this baby contains it all.

"But we do not understand what Love has in common with this information? Why cannot we love?" – you can ask. How can you love, when you are assembled as a jigsaw? Only an integral human can love properly. The God calls such people personalities. "What should we do? Is there a way out?" – you will ask. Of course there is, and it has always been, only a human just has to collect HIMSELF as a God-human and become reasonable personality, as we have told you before.

"So are we assembled as a jigsaw? How does it happen?" – you can ask.

To be reflected physically people need all their organs and limbs; that is why the God, realizing it and being in Love, at random takes hands, feet, heads, livers etc., and gives them to the person about to appear on the Earth. You must understand that this person is lost as Valery Meladze sings in his song; i.e. this person is not himself. "What is he then?" – you can ask. You see, you cannot solve this situation in other way, as the mankind refused itself and got rid of its information. The God could only collect all parts into the common cauldron for you to exist and get you back

if you want. But it is very difficult to find your parts in this cauldron, that is why you are given organs and parts of body at random. You can claim and demand yours, but in his turn the God will say the following: "My dear, you live and do not want to know me, why should I want to know you? The motto of your life is: let it be, we live only once, you lose your LINK with yourself as an integral human, losing Universal processes; it leads to the loss of your energy, i.e yourselves. But you must realize that I cannot give out this link. My dear, Love in me does not allow doing it, because It loves each of you and Love does nor pity anyone. That is why many parts of you are reflected in other people. For example, a man falls in love with a girl, but in reality he falls in love with himself, she is his reflection, or rather, the reflection of some his parts. Or a girl has some feelings to a man, but these feelings also reflect herself. Do not you understand it? Then I will show you the reality of events."

Look: in one settlement the boy lives, his name is Luka. His mother loves him very much and tries to understand him through Love. Luka is difficult to deal with as he does not contain HIMSELF, he consists of parts of the other people. But his soul knows him and provides him with feelings and sensations which allow him to be 9% himself. Luka was a very amorous boy; his mother always saw it and accepted this quality, saying that Love loves him that is why he so often falls in love. But Luka saw in these numerous girls just separate parts of himself. But then Luka became a man, and you know what ... his features and walk resembled many people; almost everyone in the settlement could see that he has something in common with this boy. They usually said:

– It is so weird, he resembles me, you and many other people.

But his mother always told her son:

 Do not mind people's words, be yourself, because Love loves you.

But she also had strange feelings she could not explain for a long time. Her feelings told her that her son does not have many human features. She tried to get rid of these feelings because misunderstanding made he be afraid of them. But from time to time she remembered this information and once she told her son:

- Luka, you must know: I do not know how to explain it, my son, but you do not exist, you are just a copy.
  - Mom, what are you talking about?
- I do not know, my son, but I have this information inside and I am telling you about it.

Being puzzled, Luka was thinking it over during 5 days, but he could not understand it. While he was thinking about it, his mother died, but before her death she had told him:

- You do not exist, it is just a perverted version of you. You consist of separate pieces you have to collect, my dear. When you collect them, you will become yourself; while now you are just... Luka, who does not know himself.

Luka could not understand anything that is why he asked his mother again:

- What do you want to tell me? Explain.

But she was almost on the other side, in the other space; from this space she could see and understand many things, but she could not accept Luka anymore, that is why she murmured leaving:

- You do not exist, darling, look for yourself.

This is the information, our dear readers, you have to understand correctly without quick conclusions and actions. This is the Reality illuminated at this moment, and you have to take yours. The God wishes all of you to live in Reality, whatever it is; and be in one rhythm with all the Universes instead of illusion and vicious circle of samsara. In reality the human race is assembled like a jigsaw, and only the energy of your soul illuminated to some percentage, can give you some understanding of yourself: as a personality and a human. Yes...this is Reality. It is great happiness to understand it; and understanding, look for reasonably reconstructing yourself. It is possible to reconstruct yourself as a God-human NOW, for all the people wanting to collect themselves there must be a reasonable moment, which will bring a human to HIMSELF. It is necessary and very important to follow the Rhythm of the God, then the multidimensional information will be always within your reach, i.e. the reasonable moment will be created. This information is not new, everybody knows it. "When?" – you can ask. It is the moment of transition from this life to your space, where you can stay waiting for your turn to incarnate again. Each of you, being on the other side, could notice lack of many parts of your bodies, and thus yourselves; having noticed it, the God approaches everyone suggesting collecting himself or herself as an integral human. The God explained to all people what they need, revealing the real picture of EVERYTHING; His speech has always been understandable and clear, that is why being born on the Earth again, there have been always people remembering the God, and then they realized the general picture of being, and the God covered these people with himself, expecting corresponding actions. There, on that side, all the people told the God: "God,

bring us to life again, please, as life here is unbearable and frail, while in physical bodies life becomes more vivid and clear." And the God always asks everyone: "Clear? Then why do many of you forget Me, being born on the Earth again, becoming remote and lost?" And you say again: "No, no, this time everything will be different." The God trusts you and incarnates you again, but in your turn, you do not want to know yourselves, losing yourselves more and more. Perhaps it is time for you to seize this pointless existence. You must be always connected to your Spirit and understand It. For example, the Personality and Spirit of the man, known to you by the name of Adolph Hitler before his appearance on the Earth again, reasonably discussed his contract with the God. One of the points in this contract for Adolph was creation of the basis for obtaining his or her personality by every inhabitant of the Earth. Before his appearance on the Earth the God took many parts of his soul, and thus of his body, from the common cauldron; hiding the energy of HIMSELF the man named Adolf Hitler appeared in the physical world. He had to create the basis for the humans recognition of themselves as an integral human-being. Besides, it can be strange, but his action includes the conquering of the whole Earth for creation of the single state, it was discussed with the God. Adolf had to feel all his actions with his heart, not only with his mind, and being ruled by his feelings start performing his contract. Then all his actions would have been illuminated with Love and the war initiated by Hitler had the other sense and other continuation. The people of the other countries would have understood the common idea and joined the UNION without resistance. Then there would not be division into nations and nationalities, rich and poor, good and bad on the Earth. Then the project under the title "The Rose of the World" would enter every house and family, but alas ...

This man is still on the Earth, but only 23% of his soul is assembled, that is why it is difficult for him to feel himself in EVERYTHING EXISTING. Understanding it, this man pronounced the speech, which turned into the song of Cocreation of the God and a human. In this announcement he started the mechanism of collecting himself as a God-human, and he will assemble himself and then 23% will turn into 77 and he will take his position in the common Creative Space.

Every global project, reproduced on the Earth, is secured, that is why the God-human whose name is Josef Stalin was displayed on the Earth, he secured Adolf, and in case of his failure he had to stop the expanding disharmony. At that moment only Stalin could stop insensibility and insanity of Adolph, because he was a God-human equal to Adolph. He stopped Adolph and corrected the situation. This is Reality and you have to understand general processes without blaming other people. Not only Adolph is guilty of that situation, but the whole mankind. Feeling his contract, Adolph blindly followed it, having forgotten his heart and feelings. But if at that moment even a small group of people had desired to assemble THEMSELVES, the history would have been different. "Does it mean that the whole mankind is guilty of that?" - you can ask. Yes, exactly, and if you accuse only Adolph, you do not understand anything. Adolph is still on the Earth, he is still trying to build the base for creation of the platform, which would be the basis for people to obtain THEMSELVES. And again he signed the contract with the God and now he is doing his best to perform everything. But this time he is displayed on the Earth in incomplete state. It means that his mission became more difficult, and to perform the contract he has to assemble himself from the common cauldron, reproduce all the lost cells and become an integral human. It is not very difficult, difficulty appears when there is no Love and understanding of universal processes. If you reasonably feel these events, it is impossible to miss YOURSELF or betray your spirit. In order to understand EVERYTHING happening, the energy of EVERYTHING must be illuminated in your bodies.

## Self-reproducing process

So, let us regard the meaning of the word vacuum. You have heard this word many times before, but the meaning of this word was changed for something dead. Vacuum. What is the real sense of this word? NOW we will decipher this word and you will be able to reveal everything forgotten. Look, in Russian, the first syllable is: BA. We can add the missing letter and have: BAIII – it is something which is always with you, it is you: **integral human**. It is the LINK! The second syllable: KY, but it is more accurate to say: K – means motion. And the third syllable: УУМ – Universal Space in EVERYTHING EXISTING. What is the result? BAIII-K-УУМ – LINK in Universal Space. This is your lost LINK, lost, because there is no integrity in a human. This is vacuum or BAШКУУМ. NOW every person on the Earth has to reveal his ВАШКУУМ. If before you could wait, think, believe or not believe etc. NOW such attitude towards the world is fatal. NOW the new energy is illuminated in you (irrespective of your desire), it will never cope with waiting and old traditions. Every person has to learn listening the God inside. You have to learn understanding your organism, be able to feel it. Unless you do it NOW, there will be serious consequences. You can ask what they are? These circumstances will have different forms. For example NOW many of you have heard that the medication you buy in drug-stores, have no effect any more. If before it was only discussed and written about, NOW doctors are puzzled by the fact that in the Ukrainian market there are many medications which have no effect. But not only Ukrainian doctors complain about it ... What is happening? This is the situation described in numerous holy writings, including the Holy Bible: the God entered every house, every family, every person, Now you have to meet the God in yourselves and in your lives. All the multidimensity of energies appeared on the Earth with the God; that is why it is necessary to rebuild and retune everything in ourselves and your lives, because such things as time, life depending on other people disappeared on 12.12.12 at 12.00. Now only the reasonability of the moment is realized. Now this reasonability must be in every cell of your bodies for you to live on the new planet named the Earth. NOW it is the moment for every person to live by his or her own resource, no other way. The human race will start noticing that they have less and less forces and time, but more and more affairs. Panic can arise, as they have neither forces nor time to cope with the problems. People will not notice their old interests. For example, up to this moment the people of the Earth could just dream about much money, good car, big flat, private houses and so on, doing nothing to get it. But now people have no resources of their own for these dreams. The human race will not be able even think about it. NOW many questions can appear: "How? Why? And what can we do?" But we call all people to work on themselves and their surrounding. This is the basic at this moment in timelessness. When each of you starts filling the holes in yourselves and in the whole Space with necessary work, all these questions will disappear. This definite Rhythm will help each of you.

NOW it is the moment of rebuilding in yourselves and in each cell of your body. Your organism, your body, you used to neglect, NOW needs all your knowledge. It is connected with permanently expanding energies, reproducing at present moment. Your bodies are tuned into these energies and need your corresponding motion. It is necessary and important to feel your body up to the smallest cell and start every organ, every system. This work will help you to live on the renovated planet Earth. This work will help you to reproduce all your live resources in whole on your own. This work will take you to eternally reproducing state HERE and NOW. Every organ has to work, perceiving EVERYTHING and ALL the Spaces. Your organs can hear and let different energies through them. Dealing with all these energies, organs can contribute into the general picture of EVERYTHING EXISTING, and bring a human onto the new level of perception, and new level of life.

The function of the heart in your body is watching, concentration and combining. Your heart can watch the initial and eternally expanding Link with EVERYTHING EXISTING, it is the conductor of the Sacred LINK. Your stomach transfers this Sacred Link and distributes it among the organs. In this case every organ gets everything it needs, and your organism is being filled with the energy capable of creating new worlds. "What about brain, what are its functions?" - you can ask. Unless you start this allembracing mechanism in your organism, it is pointless to talk about brain. As you know human brain works using only 3% of its power. Many of you can say that it is 8%, but it is only 3%. It is a very disappointing fact. You can ask: "Why is it so?" And we will answer that there have been and they are still there, the so called priests or the seven, you can call them as you like, they wanted to make people sleep and become robots, ensuring their power. So, these seven, ruled by the power, made all the people sleep and put all the organs of your bodies into sleeping regime. In this state

every person can only produce the energy further used by the seven. The seven use this energy for their egoistic purposes. The seven need nothing more from the mankind. They pursue only their own aims and purposes, and if someone woke up and spoke expressing his own thoughts, their reaction was to destroy this person. Bit NOW it is the moment, when the seven are losing their power, have already lost it forever, they have become weak and powerless, because the God has come to the Earth to clean It. Because now every person knows the truth and Reality of everything happening to him and to the Earth. Because now the majority of people want to wake up and collect themselves, their Spirit and use their bodies to fulfill their aims and purposes.

Thus, the human brain will be able to use 100% of its capacity only when the self-reproducing mechanism connecting your heart and stomach will be started. In other words, the Sacred LINK, produced by heart, illuminates your stomach with all its Essence. When your stomach is illuminated with this Sacred LINK, it can work with all its strength, it means that the whole organism, all organs will wake up and reproduce a self-sufficient mechanism. This process will become permanent. Every person will be able to produce as much energy as he needs at this or that moment of timelessness. Priests removed this information so thoroughly that deprived themselves of it. But NOW We are revealing everything you have forgotten, for you to have your own resources and opportunities. By the way, Love..., your organisms can produce as much hormone of Love as you need. It has always been like this, but you have forgotten it ... When your heart is connected to the stomach, then your stomach can feel your heart, and your heart can feel your stomach, and further, through your stomach these feelings are distributed all over your organism, at this moment the hormone of Love is produced. Love has density; you can see it with your own eyes as a white cloud inside your bodies. This is self-sufficiency. In this case two Spirits are connected: Spiritual and physical, and it means that you will arise from the ashes, as the bird Phoenix showed it many times. Then time will not exist for you, you will be everywhere and you will be everything. You will cope with everything, and your resources will be used not only by you, but by the whole Universe. What do you think about it? But to start this self-reproducing, self-sufficient mechanism, you have to work a bit. To start with, you have to bear in mind the following: your organs work at their own rhythm, which you must feel. For easier accepting this information We will describe this rhythm for you. For example, the stomach works from 5 a.m. till 5 p.m., it means that gastric juice is produced only at this time. Your heart is always tuned into the LINK with EVERYTHING EXISTING, 24 hours a day. In this rhythm the hormone of Love is produced only from 5 a.m. till 5 p.m. You can get the energy of information about everything all day long, as your heart works 24 hours a day.

Your kidneys have to produce the hormone of joy from 17-00 till 3-00. At this time you can see colorful mist surrounding your pelvis. Then this mist envelopes your entire body and helps to produce the hormone of all-sufficiency. Besides, you have to understand and regard that such an organ as kidney must not be there in your organism. NOW We will explain why your bodies have kidneys. Initially people had no kidneys, as the CREATOR did not create this organ. But disharmony, which had caused numerous floods, influenced the psychology of people. The human race started to suffer. To counterbalance this suffering the God-people created new organs, and kidneys were among them. Your tears go

through your kidneys, being counterbalanced by the energy of joy, which is produced by the kidneys from 17-00 till 3-00. When all the people on the Earth or the majority of them live in joy, the kidneys will be dissolved inside their bodies, as they will not need them anymore. While the function of the adrenal gland is to regulate the processes of inhibition of numerous energies inside your bodies. Adrenal glands concentrate numerous energies, memorizing them. When it is necessary, they flash the organism with everything they have memorized for the organism to concentrate. Your adrenal glands work from 12-00 till 24-00. At this period the collection and concentration of energies is done.

Well, the next organ is liver. This organ is special and multi-leveled. Our liver connects us to the Space of satiety, well-being and harmony. During the work of this organ, you, being light, are situated in these energy streams, and thus, the energies of satiety, well-being and harmony produce the corresponding feelings and opportunities. The time of work of this organ is individual as the liver of each person chooses its own rhythm. For example, Sergey's liver works from 5 a.m. till 5 p.m., helping his stomach. But when his stomach stars to work with all its strength, his liver will suggest the other rhythm of work. That is why you have to feel your liver and know the time of its work.

Spleen. These functions are limited at this moment, as the liver helps a human to keep connection with his Space, with his Spirit and Planet. When the whole organism fulfills its work, your liver will become 2.5 times bigger and it will work all day long. But until your organism is just beginning to work, the hours of work for your spleen are from 14-00 till 15-30.

The function of your pancreas is to enlighten the energies entering your bodies. In the universal circulation of energies there are energies, which entering your organism, do not know what to do. It causes stoppage and darkening of the energies in certain parts of your body. Your pancreas enlightens, directing these energies to the proper places for creating and maintaining its rhythm, which must be balanced enough to keep its Space rhythm. The work hours for your pancreas are from 12.00 till 1-00.

Larynx. One of the functions of your larynx is to see through the mist of times and events, illuminating the human HERE and NOW. There was such an event, when the man called Stephan lost his eyes during the war. The explosive wave burned his eyes. During the rehabilitation period at hospital Stephan suddenly felt his larynx as indivisible and rational part of himself. He started talking to his throat and to his great surprise his throat started answering him. Then Stephan's throat suggested him to open his mouth so that he could see the world around. When Stephan followed this advice he could see the picture which he had been able to see only with his eyes before. After rehabilitation Stephan was going along the hospital corridor, his mouth open. The doctors could not understand how he could move around the corridors and stairs of a huge building without any assistance. He just said: "My God loves me and gave me the other pair of eyes, but they are situated inside my mouth." That is the fact. The working hours of the larynx are from 12-00 to 15-00. At this time the function of the larynx is to illuminate a human in the Space of EVERYTHING.

Lymphatic system. It is the connecting system for all existing Spaces. Lymphatic system builds and arranges the connection between all the Spaces: from the smallest worm up to Galaxies and Universes. Now the lymphatic system of people is sleeping, but if you start your organism, your lymphatic system will sound inside your bodies. It will be like the sound of the electric current

in the wires while it rains. The lymphatic system works from c 9-00 to 21-00.

The function of your lungs is to connect your Spirit at the moment HERE and NOW. Every breath concentrates you as a solid human. With every your breath all chains of DNA are connected. At present moment there can be 12 chains in a human. But there will be the moment and there will be the other 12 chains, then the other 12, then 132 and up to infinity. The DNA chains keep the permanently expanding initial energy of information. The priests made their best to deprive a human of this quality, there are only 2 DNA chains left; after that they tried to remove the information of the CREATOR from these chains and use the human race only for their egoistic purposes. NOW the situation is changing, and there are 12 DNA chains open in a human-being, but the initial information will be revived in them only when a human starts his body.

Brain. This is a mighty system, interconnected with billions of capillars. Capillars function as conductors between many parts of the brain. Actually, brain must have another name as it has always been. Unconsciously-conscious system. You can ask: why is it unconscious? Because your consciousness lives not in your brain, as you think, but in your body. Your brain is a system of departments. In your brain there are many organs, which concentrate, process and distribute the energy, filling your body with multidimensity of EVERYTHING. You have to learn feeling unconsciously-conscious system, feeling every organ in this system, it is very important. For example, cerebellum, situated in the upper part of your head, has to undo the energies of the whole body. What do you need it for? For the speed of your thought could be incredible.

Hypophysis is a small at present moment organ, which filters the incoming information of EVERYTHING and chooses the necessary information, missing out insufficient. It helps to concentrate quickly on something, for example on the producing Project.

Sending and receiving systems in your brain are concentrated in the central part of the unconsciously-conscious system. In the center, inside the mass of the brain the intensifier and translator are situated. The scientists of the Harvard University, conducting their researches on the cerebral cortex could not understand everything they observed. They saw something physical but it was not tangible. The Harvard University on the order of the US Government made a research on the topic: "Human brain and its unexplored functions". The things the scientists saw in their spectral devices shocked them. During the research for some milliseconds they noticed the incoming column of energy, they could see this column with the help of instruments on a special screen. This column of energy changed its colours, and thus, its information. This information entered the brain in the form of a multicolored column and concentrated in the center of it. Then the center of the brain accumulated the energy and sent it along the spinal cord. The spinal cord distributed this energy to each organ of a human body. But then the following happened: suddenly all the organs flashed, this flash was directed back to the center of the brain (the location of translator) through the spinal cord. This translator, having enlarged, burst a mighty column of energy up and sideward. But the scientists could not observe the direction in which the translator sent this column of energy. This experiment was fixed, written down and shown to the government of the USA. The scientists could not answer the question "What is this?" The scientists of the Harvard University has never managed to repeat this experiment,

as the self-reproducing mechanism in the human being examined, worked only once in his life, and only for a moment. If this moment lasted a bit longer, the body of this man could be torn into small parts, because this man was not ready for the selfreproducing process. The scientists of the Harvard University missed out one more substantial fact. They did not manage to fix the light from the heart preceding the going of energy through the brain at the moment of starting the self-reproducing moment. At the moment, when the scientists fixed the column of energy, entering the brain, the heart managed to concentrate and direct the Sacred LINK to the stomach. Having accepted this light, the stomach distributed this Sacred LINK to every organ of the man. So when the scientists fixed the reverse impulses from each organ, they lost the change of energy while this transition. And now We will explain what happened to the man under the experiment. At the moment of accepting this information, going through the head, the heart fixed the Sacred LINK and illuminated the Sacred light in the stomach, and thus the self-reproducing moment was started, it blocked access to the new information. Then the self-sufficient mechanism fixed and processed this information going through the brain, and having processed, harmonized it. "What sort of information is it?" - the readers can ask. This information brought destructing, egoistic and systemic actions. But at the moment of touching this information with the information of the Sacred LINK the process of multi-billion combination process happened. The set of these combinations looked for the solution which could harmonize this energy but teach the new thinking. "What has been sent to the source?" - you can ask. This information returning through the head was sent harmonized and processed by the Sacred LINK. It means that the energy of destruction became harmonized and reasonable. It means that the source of this energy, if it is a person or billions of people will receive the response, this response will produce the corresponding motion in their bodies. And now let us imagine what will happen when the organisms of all the people turn on their self-reproducing mechanisms? Within one moment all the disharmony, produced on the Earth will be processed and harmonized. And it means that the priests will become weak and their egoistic projects will not exist anymore. It means that the Space of the Earth and of the entire mankind will change. It means that happiness on the Earth will be everywhere.

Thymus gland has to maintain human concentration. While concentration of a thought the thymus gland grows 1.5 times. At the moment of concentration you can feel tension in the region of this gland, and if you look at it, you will notice the change of colour from pink to bright red.

"So, where is the third eye?", – you can ask.

You know the third eye does not exist. How can it be, many people heard and read in many books that the third eye is situated in the frontal part? Yes, there is such information, but regarding the present moment, you can open the Reality. And the peculiarity of the Reality is that distant vision or vision of thin layers of energies, is performed with the whole body, there is no other way for it. And the third eye was mentioned in the philosophic works because at that moment you could not express it in any other way: people could not understand and realize how you can see things which are not seen with ordinary eyes. Only now you can talk about whole body and its abilities. Only now you can start the organism. Only now you can reveal permanently expanding source of Sacred LIN in your organism. There is the moment, within

which NOW, never leaving the Earth, you can return the Creator, it happened for the first time for the existence of the Earth and the human race. If up to this moment the return the Creator in a human could be done only by the mass leaving of the mankind from the Earth, NOW every person on the Earth will be able to remember and collect the God in himself. There has never been such a case for the existence of the Earth and the human race. It is a good news. NOW everything is open, it means there is a possibility to collect all the information of EVERYTHING. The information about the entire body and about each organ in the organism is revealed, you have to feel your body in a new way. People, reading these words, you can feel your heart. Can you feel its beat? Yes, it beats and tries to say: open me in a new way. "Open me, - the heart says, - and you will feel the Sacred light, coming from me. You can see, - says the heart, - the white light enters me and I am filled with it." You have to see this white light. And now look: my light illuminates your stomach and the whole your stomach is filled with the Sacred LINK. This white light seems to have mass, in your stomach it turns into liquid. Then this white liquid goes to your thyroid gland, then liver, intestine, joins your blood and reaches your brain. From your brain this white liquid descends to your sacrum and reaches every bone of the human body. Your bones are filled with the Sacred LINK and become flexible as baby's ones.

At this moment you have to learn to feel your heart in a new way, feel your stomach. Only in such a way the Sacred LINK will fill every cell of your body. Now your heart is the source, while your stomach is the recipient of the Sacred LINK. From your stomach the Sacred LINK gets to every organ and to every cell of your body.

Later on we will return to the self-reproducing moment in the body, and NOW let us concentrate on the inner analysis. What is the meaning of the term "inner analysis"? It is everything concealed within your body. "But what is concealed within our bodies?" - you can ask. Your lives, or rather, your incarnations. We have already mentioned that you can gather all your incarnations into a single one. But we have not told you the following: you can gather all your incarnations only when the self-reproducing moment is started in your body. But now regarding the opening of the body information, every human can start the self-reproducing moment in his body. When it happens, be ready to accept all your incarnations. But do not be afraid, it is not scary at all, as your body can remember EVERYTHING has ever happened, and collect EVERYTHING forthcoming. You will remember yourselves in all your incarnations, it will happen for the first time from the beginning of the Earth and the human race. When it happens, you will catch the rhythm of a single endless life. But we have to warn you: do not stick to the lives you have remembered. You have to remember one life lightly and pass over to the next one and so on. Only in such a rhythm you can go remembering all your lives, and concentrate on the moment HERE and NOW. This is a very volume and creative work, which you have to do lightly. You do not have to work hard, just collecting and processing your lives, you have to harmonize them. Only having harmonized all your lives, you will be able to break the cage of the illusive world. You can ask: "What should we start from? What should we do to see all our lives?" It is not difficult at all, you just have to want remembering and collecting Yourselves. Then you have to tune into your planet, your Avatar, joining two spirits: the Spiritual and the physical and said out the following:

"Dear CREATOR, I reasonably want to collect all my lives into the one eternal and permanently expanding life. I am ready to accept the God in me. I am ready to take responsibility for EVERYTHING existing and forthcoming. I am tired of going by the illusive circle, it does not contain life. Now I know that life is endless, cheerful, Creative and eternal."

Then everyone must hear the answer of the CREATOR. For Sergey this answer was the following:

"My dear son! For a long time I had expected any reasonable actions from you, and finally it happened. I coped with your rashness for a long time, but now you will remember and collect Yourself and the God in you. You will learn you real Divine name, as I always told you that there would be the moment, at which everyone will be able to put on his forgotten cloak, on which there will be written your real Divine name. So this is the moment. Do you understand it, Zar. You will be the first to remember all your incarnations and by this you will open the road to all the people who want to remember and collect themselves and the God in Themselves. What can I wish you? I wish you to believe in yourself and in the God, as you are the God. But your faith must not be blind, as for each of you I prepared the Sacred LINK, originating from Adam and Eve. As Love from them descends onto each human and illuminates everyone. The LINK connecting with ME is illuminated through them. It cannot be done in any other way."

Every human in all the Universes and Galaxies must feel this Sacred LINK, descending from Adam and Eve. Besides, you must know that every human has his own Land in the form of a Sphere. Sergey's Sphere is located in his family grating, immediately after

the Spheres of Adam and Eve. The Sphere of the second child of Adam and Eve is located the 4<sup>th</sup> in the family grating, the Sphere of the 3<sup>rd</sup> child correspondingly is the 5<sup>th</sup>. This algorithm of the Sphere gratings was designed and realized by the CREATOR, but you have to know the following: at any circumstances these Spheres must not be forgotten by their owners. As soon as the owner of the Sphere forgets his Source, he will break from the Source of all the Sources, he will enter illusive existence.

So, the Source of the initial, permanently expanding information light of Love comes from the CREATOR and is illuminated in Adam and Eve. Then from Adam and Eve it fills the Spheres of all humans. Besides, you have to regard the first 12 Spheres, originating from Adam and Eve, and the first 14 Spheres. These 14 initial Spheres produced 12 Spheres, then 12 more Spheres. These 38 Spheres mentioned above produced the other 38 Spheres. Regarding the present moment, the number the Spheres in all the Universes is about 148 with 148 zeros. But you have to take into account that the number of the Spheres increases with every new soul, every new God-human.

Now we will explain how the initial Spheres illuminate the initial and permanently expanding Sacred Link. Well, look: the first 12 children of Adam and Eve are the connection between all the Spheres in the Sphere grating. Through them the Sacred LINK with the other 12 Spheres goes from Adam and Eve, it is illuminated. Then the Sacred Link is illuminated in the next 12 Spheres, then in the next 12 ones. This Link expands all the time, and this expansion is endless. This is like the stream of rough river, originating from the source and expanding for thousands of kilometers, the only difference is that our river is endless.

We want to pay special attention to the fact that you have to be ready to accept Yourselves as an integral man. As you could understand from the information above, nobody can escape himself and his Sphere, as the chain reaction of the Source will touch everyone, and your future life will depend on your readiness for accepting your Sphere, your Divine name, your Avatar, Yourself as an integral man. Yes..., it has never happened on the Earth, it is happening for the first time in the history of the mankind. You have to get rid of the old perception of the world in order to accept the God in you. NOW it is the moment for every human to liberate himself, for this you have to find your Source, your Sphere, the God in yourself. Now it is the moment for every human wishing to know himself, will be connected with your Avatar and with your Planet. The human race must understand the following: HERE and NOW you have an opportunity to get rid of your affections, relations, characterized by vampirism, find your initial shelter, your Sphere, your solid Land. Now you have an opportunity to become an integral man without any addictions. What do we mean by the term "to be independent"? Before we have revealed the information about Buddha Gautama, we have told you that we would touch his incarnation and find out his main mistake, having brought many people into "toy" existence. Gautama Buddha have been looking for the truth of his Source, his Sphere. All his life he had been moving to his initial truth. Gautama Buddha felt and understood what way he has to go to find Himself: an integral man. But people stuck to him because of misunderstanding, and instead of using him as an example and look for their Source, their Space, without thinking, stuck to his energy. Then people, having found somebody else's shelter, did not want to know anything about themselves and their Origin. If Buddha Gautama could separate all

the people attached to him, to his Sphere and his Planet, there would not be mass sticking, vampirism and corresponding disharmony. But he could not understand up to the end what could happen if his actions had many followers. And now regarding all this information we will explain in details. The Human, known to everyone as Buddha Gautama, being on the Earth, unlike the rest of the human race was looking for his Source, his Sphere, his Planet, his Avatar. But this search was his own business, nobody on the Earth was involved in it. Why? Because it is his own Space. And every person has his own Space, which he has to open and remember. The bigger part of his life he was a hermit and did not hide his search. People communicating with him borrowed his Sphere, his Planet, his Space. This insensible action produced superdisharmony ever existing. Then the souls addicted to his Space, were concentraning around his Planet waiting for a "miracle" and it was the end of the search for these people. What is on? What will happen to these people? And Gautama Buddha himself would answer: "I do not know". The same happened at the time of Jesus. Now Kryon is making the same mistakes. Instead of directing people to their Spaces, he took them to his own Planet. What will happen next? This is superdisharmony. But we do not blame, we open the Reality in all the Universes. And only when the Reality is open, people will reach their Planets and Avatars.

So many authors of books, films, plays etc. are surrounded by a number of people. But we would like to ask them: what is the reason? There must be the reason in all the actions, mustn`t it? For example, if the author of the esoteric information describes a superhuman, the God and Everything Existing, he must leave the Space for the other people to perceive this information. As a rule, it turns out that the authors of esoteric literature, films, plays dances, music etc. close the energy of permanently expanding Space on themselves, on their Space. What is the result? It happens so that the people learning this information get stuck in onedimensional net. But we would like to correct and direct all the authors to reasonable thinking about the initial information originating from one source, not from you. And this source is sure to ask you, how you used the Divine energy. And if it turns out that you used it only for your egoistic purposes, you would have to work out this disharmony created by your actions, and it is a hard work. You can ask Sergey how to work out and harmonize the situations having caused mass distortions. And he will answer that it is difficult. That is why you have to wake up and become reasonable and adult people. NOW you have to do your best to become existing in one permanently expanding Rhythm of all Rhythms. NOW it is necessary and very important to feel your Source, your Sphere in a Sphere net, your Planet, your Avatar. Unless you do it NOW, it will be difficult, almost impossible, to be involved in the life which has its own rules. According to these rules every person now has to feel Himself and the God in him, his solid Land and his Sphere.

"Well, should we feel all these things yet?" – you can ask. Yes, NOW it is the basic moment in your lives. All your organs, all your cells can be felt by you at the moment. At the moment each of you can reproduce the self-reproducing moment inside your bodies. It means that each of you is able to need nothing at the moment. You, each of you can never fall ill, as the self-reproducing process inside our bodies will never allow any distortion. You, each of you can already grow the missing organs inside your bodies. You can accept in you, in your bodies the second Spirit and remember your initial source of you as a God-human.

Do you understand NOW what we are talking about? At the moment each of you can find Yourself and the God in you. What does it mean for you? Freedom in everything. Do you understand, in everything? Do you want to grow the missing 49 organs inside your bodies? Why not. Do you want to live forever? Do not die. Do you want to dissolve your body at a proper moment and move to your Planet? So stay in this state of Being. NOW everything is possible, as the energy of EVERYTHING is on the Earth, it surrounds every person. The only thing you have to do is to want and start motion and accept Everything Existing into your body. It is happening for the first time in the Earth and human history. Now only the lazy one can stay in his old clothes, depending on somebody or something. And people, who want to keep their old way of life, will not be able to live NOW, as the old, worn out clothes will break, and people will break with them. NOW all over the Earth people, who do not want to rebuild themselves, their lives, take responsibility for EVERYTHING EXISTING, will leave the Earth. People, who have left the physical world, with the God's help will be able to appear on the Earth immediately, without pause. But not all the people can do it. We have already mentioned that unconscious people will be stuck in nothingness for 1000 years. After this God will descend and ask everyone about his intentions and if his answer is appropriate for the God, this person will be able to appear on the Earth to collect Himself and the God in Himself. But if this answer is wrong, the term will be continued.

Now let us talk about your abilities as a human collecting himself. Our aim is not just to open the multidimensity in action for you, as at the moment dramatic changes are in process in your bodies. For example, Sergey says that his stomach began speaking. It sounds impossible but it is true. Now he can hear the voice of his stomach inside. Sergey's heart, illuminating and directing the Sacred Link into his stomach, revived it. The stomach has woken up and is doing its best, telling Sergey what he can eat at the moment and what he cannot. Then the stomach chose its rhythm of work and told Sergey about it. Besides his stomach can see, hear and feel the whole world, perceiving EVERYTHING EXISTING and FORTHCOMING. Alongside with his stomach his heart began speaking, this is a victory, because when these two organs are awake, the self-reproducing process in your bodies is started. NOW Sergey can feel the motion inside his body. Pillar cells are pulsating and expecting the order. Your brain contains the images of the missing organs and glands. In the spine there are processes, resembling threads, which go to each organ. The reaction in these threads causes flashes, with every flash chemical reaction 1000 times enhances the process of information exchange in organism. In the region of the heart the additional glands appeared, which can produce tissues, which will form elastic tubes resembling capillars, but much larger. These magistral tubes will start growing and filling the organism with additional link. These elastic tubes are attached to each gland from the heart. Your liver will become bluish-pink, and your kidneys will become smaller. Muscles and joints will have different image and cell structure. People will be 10 centimeters taller, as all new-created glands and organs must be located in your bodies. Alongside with everything we have mentioned all your feelings and sensations will become sharper many times and it is just the beginning. NOW people reading this book can ask: "Why are these changes happening in Sergey's body?" We will answer that not only in his but also in the bodies of all the people wanting to gather an integral human in themselves. But do not be afraid, there is nothing terrible. We have been looking forward to this moment for a long time and finally it's happened. And if you are afraid of these changes, it is like a suicide, it is absurd. This fear of changes will just close the collection which has just started, it will stop the multidimensional motion. "What about the rest of the human race, how can they survive, if the self-reproducing process has not started in their bodies yet?" - you can ask. Just through realization of multidimensional information, only through your motion towards collecting yourselves as an integral human, you can go on living NOW. Epidemic diseases connected with a human at one moment will strike the human race. And of course you will ask: "Why are the diseases connected with a human?" Why? What can your energy do, if all the blocked sources of information are opened? How? All the diseases a human can suffer from are connected only with you. It is your energy and LINK. We have already told you about it and we will mention it once again: everything happening to you at this or that moment in timelessness, is connected only with you, and with nobody else. That is why when in a TV program the worldfamous people with extrasensory perception talk about a wasting disease or evil eye etc., we want to cry: "Hear Us, all these things do not exist, there is only human." When you analyze everything that happened you have to regard the God, who programmed this situation and foresaw the result. And you break into the God's program and suggest your own rules. NOW there will be mass leavings of people, people will disappear, and they will be never found. We ask you, extrasensory perception adepts, do not disturb the God, do not hinder the universal progress. If you were forgiven for your disharmony before, NOW it is time to pay your bills. Try to find the God in yourself instead of concentrating on your ego. The old system does not work anymore, it is erased. Now if the person lives according to old rules, he will not survive. We will provide you with a simple example taken from life. In 2013 the man called Pavel came to hospital and asked for a check-up. He was asked about the reasons of his state. He answered that the reason of his anxiety was fear. "My body does not obey. My hands refuse to move, my heart disappears, and I cannot hear it, there are some unexplainable processes inside my body, and they frighten me." The doctors recommended him to have rest, that his state is the result of psychic disorder. But Pavel insisted on check-up. So Pavel had been in the hospital for three months, and examinations showed that there is a foreign body in his organism. But the doctors cannot say what there is inside Pavel's body. During the examination of the whole body the doctors noticed permanent signal like a flash in the brain. Special devices registered this signal. So this flash, appearing again and again, influenced the hypophysis, which grew 1.5 times. The doctors, unaware of what was happening, decided that it was the tumour and it must be cut out. But they were stopped by the thought what to do next? If they cut out the tumour with the hypophysis, the signal will not stop, it will pass over to another organ. So for 3 months Pavel has been waiting for the doctors' decision. We would like to ask him: why is he waiting for somebody else's decision, when you can decide everything yourself and process all the information? You have to take responsibility and undo the knot of disharmony. The information, coming to the hypophysis, deals with Pavel's incarnations. In this case the hypophysis is the container of the former lives. These energies are the indivisible part of Pavel. And if the doctors decide to do the trepanation of the skull in order to cut out the part of the hypophysis and Pavel does not take responsibility, he will leave his life. In this situation Pavel has to take responsibility and say

out: "Oh my God, CREATOR. From the bottom of my heart I want to realize and understand everything that happened to me. Help me to realize and understand, and then work out and process the energies of disharmony, which have come to me. I want it from the bottom of my heart." Then he has to listen and look into both himself and the whole world. Only in this case he has a chance to harmonize himself.

NOW there will be a number of such cases and doctors will be helpless as the God has come to every person. And nothing can escape accepting its energies. Your salvation is in yourself, and your salvation is you.

Now we have to regard the lower part of your bodies. We have mentioned before that the lower part of your physical body belongs to physical manifestation, while the upper part to the spiritual one. Now when these two spirits can be connected, you have to take responsibility for your family. When you start the selfreproducing process in yourselves, these two spirits will be connected, it means that the whole your family will be illuminated through the Sacred LINK. You can ask: "How can we define our family?" Your family is connected with all your incarnations. Your family deals with all your relations: like physical mother and father, your children and grandparents. NOW you can remember the whole your family through which you appeared on the Earth again and again. Then you have to connect all the chains and LINKS, work out and harmonize the Universal Space. This interesting work will help you to harmonize the whole your family, ever appearing on the Earth. You will remember all your parents, children, grandparents, you were in relations with at every your incarnation. You will collect all Love of your family and illuminate the whole family, harmonizing it. This action will restore all

the broken chains and the energy of your family will fill you. As a result 12 new-forgotten organs will appear in your bodies, they will be located in the women's ovaries and vagina and men's testicules and penis. Alongside with these 12 new organs there will appear 12 new glands. These new glands will be located on the inner upper part of your legs.

## Gathering Yourself

It is so nice to understand permanently expanding freedom. But alongside with these feelings there is still weight. This weight remains in your body because the disharmony has been neither processed nor harmonized. 2012 was the decisive year: the world Flood, expected by many people, did not happen. It happened because I kept it and I am still keeping the entire Earth. The next important year is 2060. This year will be important and difficult. Well, but now all the people wanting reasonable life will experience fabulous changes. NOW everything is possible if it is a reasonable desire, it happens for the first time, our dear readers. NOW EVERYTHING has been gathered and illuminated, there are no more either uncertain or not told things. There is no more secret information. EVERYTHING is open, EVERYTHING is with you, you just have to accept Yourselves and EVERYTHING EXISTING, then EVERYTHING FORTHCOMING will come true. Let us concentrate on our inner world together.

Look: our cell structure opens and illuminates the LINK, going through the heart. NOW you all can see the stream of volume energy, radiating by your heart and illuminated by all the cells of your body. Look: the stream of energy is spiritual and reasonable, it can tell you about Yourselves. For this you have to enter it and feel the energy of information. Your body can become heavier NOW, but it happens because the energy of all your incarnations leaves your body and fills you. Now you have to hurry without haste, work out the energies, then gather, harmonize and acquire one eternal life, which will be illuminated HERE and NOW. When each of you works out illuminated energies, gathers all his incarnations into one, then each of you will be able to understand

himself. Then each of you will realize which way to go. Then you will acquire yourself – God-human. It will be a long-expected victory. But NOW you have to work hard to acquire Yourselves. Further in this book We will process our lives, gathering EVERYTHING together, gathering Yourself as an integral human. It is not difficult if you treat this work with ease, creativity and Love.

So, look: every organ of your body reflects the Inside and Outside Space. Understanding it you can be in all existing Spaces at the same time. If it is true, all the existing Spaces are the part of everyone, they are you. "What is the purpose of it?" – you can ask. Endless and vast freedom. Understanding and accepting it, each of you every moment can use all the existing Inside and Outside Spaces. It opens your incredible opportunities as a God-human. At the moment of your consolidation as an integral human all the existing Spaces will be opened. And then you will have to choose. "What?" - you can ask. Many things. NOW We will explain it to you. Many of your incarnations were reasonable, when each of you was the personality: assembled, integral human. And each of you at that moment produced reasonable actions, many of which have to be completed. Your reasonable actions were followed by corresponding motions, which have to be completed. "But it happened not NOW, how can we complete something which was started by us long ago" - you can ask. But you will say it just because you do not understand the moment of reproduction. Everything you have created with your reasonable actions, is inside you and waiting for its reproduction. Or in other words, everything you have not completed, must be illuminated in the physical world at your desire. But it is just the beginning, then you will remember uncompleted moments on your Planet, in your Galaxies, if you

have CoCreated it. "So, what is the choice?" - you will ask. Your choice lays in your ability to transit your Earth physical body wherever you want within the reasonable moment. It is the right of your freedom. "What do you mean?" - you can ask. Well, everything is very simple. When each of you remembers and gathers himself as an integral human, you will remember EVERYTHING, from the very first moment of your birth as a God-human. You will remember your initial parents, We mean two God-people, who created you in Love. You will remember your initial feelings and intentions. You will realize your abilities as a God-human. You will remember all your Spaces. So, you will remember EVERYTHING PRESENT and PAST. And when this moment reproduces its existence, you will get rid of the illusive world. Then EVERYTHING will be reflected in you, and at this very moment you will be able to make a reasonable decision, how, in what quality and state you will live or not live on the planet Earth. You can wave the magic wand and find yourselves, for example, on your Planet and it will happen within a moment. Or you will desire to appear both on your Planet and on the other Planets at the same time. You will be able to do it, you just have to understand what you need it for. But We call you to think about the following thing: The Earth must get the initial, permanently expanding image, as it was designed by the CREATOR – our initial Father. The planet Earth must be one of the most beautiful among all the existing Planets in all the Galaxies. That is why, at your desire, each of you must make a decision: to be or not to be Our assistant - We are the forces of Light, united under the symbol of the Rose of the World. We have always been and We are still persistent in our intentions. We have always been and We are still in the Spirit of Creation of the initial and permanently expanding LINK, originating from the CREATOR, LOVE, ADAM, EVE. All of them are the personalities, but they are connected by the LINK, and this LINK descends onto every SPHERE, creating our Earth. And the God said: "It will be from solid Earth to solid Earth. It will be the manifestation of my will, my LINK." And God forbid to doubt about the God's power. And God forbid me to lose my solid Earth, my SPHERE, myself. It is the most horrible thing, that can be, everyone must understand it.

NOW Sergey is thinking and looking for the God in himself, thinking about the God, as he is the God.

- And now remember your initial name, which is written on the Divine cloak.
- My assembled name Zaraastra, the short variant is Zar, and it is written on my cloak.
  - Then tell Me, how you remembered your name?
- You see, Zeranta, I remembered it because you told me about it. I remembered it due to your help.
- Then tell Me, how you can remember yourself, as I directed you?
- Just NOW I understand that to remember Yourself, you have to fix your Sphere, solid Earth and integral Yourself. But in order to be Yourself, you have to remember integral Yourself with the whole your body, and having fixed it, survive all the remembered incarnations. Only when a human can remember all his incarnations with his body, all the Spaces of Himself will be open for him.

It can be only like this, not in any other way. Many people will understand it with you, they will desire to remember and assemble themselves. Well, NOW look and listen to yourself, as I,

Zeranta, open the energy of all your lives in your bodies. Now nobody can escape himself. Some people will think that my action is violence, but for the other people it will be salvation of their souls from the maze of the illusive world.

Look, all people who can see, and listen who can hear: the new World is almost here, it is manifested in every family, every human, and every heart HERE and NOW. HERE and NOW every human will feel changes inside his body. For some people these changes will be reasonable, for the other they will turn into a nightmare. All the organs in human bodies will become larger. I ask you not to be afraid of this phenomenon. It happens because the sacred LINK originates from your body. As soon as you feel your heart, understand Our information, the self-reproducing process will be started in each of you. Then some organs will take the special rhythm, special state, the other will stay in this enlarged and expanded state, because in this state organs will let the Sacred LINK through. These actions will be followed by the swelling of the regions where these organs are located. At these moments you can feel running temperature. Do not be afraid of these changes, as We all have been expecting them for ions of non-existent time. Besides, in the unreasonably-reasonable system the new organs will be opened. The grey substance will change its state and it will be used for building of new 128 organs. "What will be happening in the head, what will we feel?" - you will ask. I will say just one thing: you will be extremely surprised. Your muscle structure will become crystal. Your nervous system will also change its structure. You can ask Me: "You has said that there are only 48 new organs, but we have found more organs." Yes, We said about it, but only because at that moment only 48 organs were opened, but at this very moment there are 348 organs and 589 glands.

There is also new cell structure consisting of 3 nucleuses, being within one integral nucleus. That is why your cells will change and accept different information. And it is just the beginning, these are just seeds, but the springs are about to appear. "What springs will they be?" – you can ask. At a proper moment We will tell you about it, but NOW let us move in the existing conditions. New organs and glands are already available, but you will be able to grow them only when you start gathering an integral human. With every life to remember you open the energy of yourselves, they will be basic actions. With every new life to remember new organs will appear and grow. By the moment when you process 56% of your incarnations, inside your body there will be all organs and glands We have told you about. "But this is incredible number of lives, how can we remember them?" - you can ask. It is not difficult and you must understand the following: when you address Me – Zeranta asking to help you with remembering some of your incarnations, I will help you. But mind that you have to remember not only with your head, but with the entire body, only then you will be able to live and concentrate Yourselves in Yourselves. I would like Sergey to be a pioneer, he must manage to gather 56% of his incarnations within a short period of time. And when it happens, it will be much easier, as the way to Himself will be gone through and realized. Well, what will you say about it?

Sergey: "I am eager to remember and gather MYSELF because I am tired of being not myself without understanding where to move. But now it is the proper moment for you to acquire Yourselves."

Then I will help you to remember 56% of your incarnations, but you must know the following: when you gather this amount of yourself, there will be the junction of many energies, and it means

that well-known Sergey will be different. Now look: for you to remember and gather 56% of yourselves quickly and easily, you must remember the following:

firstly, you have to forget about alcohol drinks during the period of gathering because We have already told you that alcohol makes a human sterile. And if the human started to collect himself, alcohol will remove everything the human acquires, it will be a vicious circle;

secondly, at the moment of remembering yourselves, your incarnations, you have to say out everything you survive again. It will help you to fix yourself on the Earth;

and thirdly, you have to feel your body and soul light all the time, nothing strange must interfere.

When you manage to live in such a Space, then you will be able to gather 56% of your incarnations within just three weeks. It would be great if you do it in time.

Well, everything we have described for Sergey fits any other human trying to remember himself. But bear in mind that before you concentrate for this work, say out the following:

"Zeranta, I wish to remember myself as an integral human." Then listen and look into yourselves. Everything you can see spread all over our body and try to feel and live. Besides, you have to account for the following: the incarnations you will remember, are arranged in a chain, but this chain is created not in time but outside it, that is why all your lives are HERE and NOW. It means that incarnations do not follow each other, but are reasonably arranged.

## Physics of the Spirit

Life can be very alive, but for your life to improve, you must have two Spirits inside: Spiritual and physical. We have gathered the Spirit for each of you, while you have to gather your physical Spirit yourselves. NOW We will demonstrate you the physics of the Spirit in detail. Well, look: All the cosmic energies agree to be yourselves, i.e. to be under your ruling. That is why each of you, being in your personal Space, is the head of the entire Universe. All the Universal energies caught this rhythm, because the CREATOR explained His Plan of creating a God-human, a human-Creator to every Universe. Besides, the CREATOR said that all the Universal energies will be in the life of a God-human. At that moment every Universal energy realized: it is so vivid and interesting, that you are eager to catch this rhythm. So, a human, living in the physical world, produces actions having different character. With every your action you lock your cosmic energies in your child. Besides, you have to consider the following: cosmic energies exist as well as you, outside and inside, that is why your every child has its reflection both INSIDE (in physical manifestation) and OUTSIDE (spiritual manifestation). "Do you want to say that a human blames not only physical Spirit but also the Spiritual one with his disharmonic actions?" Yes, we have always told you about it, but people misunderstood. Because of this all the Spaces of Spirit are littered, they are not transparent. Besides, you must understand that both these Spirits OUTSIDE and INSIDE have the same basis. That is why it has always been said: "Both in the Heaven and on the Earth." But humans have always understood this information in their own way and set rules for the Spirit of the heaven or the OUTSIDE Spirit, while this Spirit has different nature and function. With these actions, separating yourselves from integral Yourself, NOW We can connect 2 Spirits into one integral Spirit. If it is not clear We will describe it in other way, look:

In one of the settlements called Zarsvet such a story happened. All the inhabitants of different settlements had their own hectares and lived in the volume of the universal Spirit. People lived in the God's light, that is why they did not suffer from the thought: "What is going to happen next?", or "Why is it so, perhaps it could be like this?" etc. All the actions originated from a human and were approved by the God. But in Zarsvet settlement an unusual boy was born. His mother, looking at her baby for the first time, realized the necessity of hiding him from other people. But why did she, a wise woman, decide to act in such a way? She managed to see a manifestation of divided Spirit in it. The boy was born, feeling only the physical Spirit. But why did it happen? To understand it, you have to combine these two Spirits and research the chronology. And it was like this:

In one of his incarnations Listak, it was the boy's name, was the clairvoyant. It was the third race of people, which appeared after the second flood, which happened on the Earth. So, Listak taught people to understand the Spirit of Space. He was travelling all over the Earth and telling people that the Spirit of Space exists and he is angry about people. If he was asked what the Spirit of Space is, he told about a huge monster living on the other Planet, which will come soon and tell the people about the Spirit of Space. "What is wrong with it? – many people said. – This monster lives on its Planet, we have nothing in common with it." And

Listak said: "The Spirit of Space is the indivisible part of us all. It means that when the huge monster comes, the Spirit of Space will come after us. When it happens, many people will be eaten by it." But all the people living at that moment of timelessness did not notice this information. So, this is the moment. The human life lasted about 2500 years, and people lived knowing only the physical Spirit, but Listak told them about the spiritual Spirit. And the following happened: there was no place on the Earth for people to be born. That is why at the world council it was decided that every family wanting to give birth to a child, must kill someone from their family. This decision was discussed and caused numerous victims. Then, as Listak foresaw, the new Space came to the Earth, but it did not look like a monster. The God-human came to the Earth, his height was 148 meters, while at that moment the average height was 48 meters. Listak could see numerous worlds and Spaces, he could see this God-human and his enormously huge height, that is why Listak called him a monster. Perhaps he did it to frighten people a bit and make them act and resurrect Themselves. Arktran (it was the name of the God-human, who came from the other Planet) came not alone, there were 9 more Godhumans with him. This arrival of God-people at the Earth caused the new perception of reality. The God-people told and showed to the people of the Earth their forgotten Spaces, talking about two indivisible Spirits. The God-people said that when 10% of the people of the Earth can reproduce two Spirits in themselves, two Spirits will be united into one. Then every inhabitant of the Earth will be able by his wish and the God's will, as he is the God himself, transfer himself, his physical body to his Planet and his star system. They said: "You do not have to be afraid that there is not enough place for all on the Earth." After that God-people dissolved their bodies and went to their Planet. At the universal meeting of the government of the Earth it was decided to accept the knowledge from the God-people and open two Spirits in themselves. But people did not understand how they can open the Space Spirit in themselves. But Listak helped them and suggested the following:

"Firstly, the human race must get rid of its aggression, accept and open Love in itself."

Secondly, we were advised: be yourselves, but to be yourselves mind that the Spirit is integral and in the Space of EVERYTHING everything is connected with a human. This information means that each of us contains all the energies and moments, which ever happened to us. It means that everyone can resurrect all knowledge and abilities NOW.

Then the God-people told us that they are similar to us. It means that we, as well as they, can move to our Created Planets."

Listak said right things, but he made a fatal mistake, because of which the human race started to build the Space of 6 and 123 men. While they just had to collect Themselves, their Space, and then reasonably understand which way to choose. He missed out the fact that every human is the God, and as the God he has his own Space, SPHERE, Planet and Avatar. Everything was lost and people without understanding these truths started to destroy themselves. Listak directed the human race the way where the human belonged neither to himself nor to the God.

The information of this disharmony reflected in this man and wherever he was, Listak was followed by his creation. In Zarsvet Listak incarnated again, but there were no 2 Spirits in him. His

mother managed this disharmony and realized that this human can help him himself. She saw his incarnation, in which he drove the human race to senselessness and despair.

You can ask: "What is the end of this story?" And We will answer: this story is not over yet, because Listak failed to collect himself and did not connect two inseparable Spirits.

Yes, Sergey, you could already guess: you are Listak. I brought you to one more of your incarnations, you must remember, concentrate and process it. You know: time does not exist, that is why when you connect two Spirits and feel permanently expanding life inside, then you will become free. People, you brought to the state of godlessness, are still living on the Earth. They understand nothing and they know nothing about the God. Thus, from life to life, people connected by you relive themselves again. But NOW it is the moment for every human to liberate himself and process all the disharmonic situations.

Two Spirits are the Spiritual and the physical ones. Many authors described two Spirits but they failed to open the Reality. NOW We are opening the Reality; every human will be able to understand and accept his initial Nature. Spirituality, We have already mentioned this word; but it is the moment to add something and unite these two Spirits into one Vivifying Spirit. What is the physical Spirit? And what is the Spiritual one? Is there any difference between them? If there is any, what is it? We are going to answer this and many other questions NOW. Well, in many books it was mentioned that the Spirit had density. But is it possible to learn if the Spirit has density? How can you feel Spirit? "Man cannot live by bread alone, but by the vivifying Spirit". It is stated in the Holy writings. Spirit is much talked about, but what is the

true knowledge? Well, the Spirit is created by the manifestation of the Divine thought, actions and feelings. The Spirit can be Integral, besides there is the spirit of a separate personality. "What is the integral Spirit?" - you can ask. There is such a Universal notion: unity in multitude. Every God-human can participate in the events of the integral Spirit created by the God-people. Besides, every human is illuminated and situated in his own Spirit. We have mentioned before that your Spirit contains all your incarnations, all your thoughts, actions and feelings. But We have not revealed the true source of your Spirit. The source or Exodus, you can also call it the Source of the Spirit, originating from your initial parents. Your initial parents are the God-people, who created the Spirit and the soul of the new-born human. Each of you was created in the Spirit of the God. And you must be always in the Spirit of the God. In the Spirit of the God you must feel yourselves, your family, the people of the Earth, the Earth itself and EVERYTHING EXISTING. But being in the Spirit of the God, you must feel and sense your own Spirit, being also the Spirit of the God. "So, it turns out that we must always be in the Spirit of our initial parents and be in your Spirit?" Yes, exactly so, Love and permanently expanding information descends to your SPHERE, solid Land and Source from your initial parents, two God-people. "Does it mean that if the initial parents are detached from the God NOW, then their Spirit is not with them? Then how the Spirit can be with us?" - you can ask. It is not exactly so. The Spirit of your initial parents is always with them, sometimes they cannot recognize it, but it is always with them. That is why it is necessary to remember: if their Spirit is always with them, it is also with you. This information allows you not to wait, when, for example, your initial parents wake up (if they are sleeping), accept the Spirit and resurrect their own. In other words: if the chain is broken, you do not have to wait until the chain is assembled again, you can take responsibility and resurrect not only your own Spirit but also the Spirit of your initial parents (for example): two Godpeople, a man and a woman. As the initial Spirit originates from Adam and Eve, and from them the light of life descends to all people. Even if Adam is NOW asleep, the life Spirit descends to every person through him, whenever he wants it or not. Now, as never before, the Spirit of life is represented on the Earth. Eve redistributes the energy of the Spirit of life for everyone. You can ask: "Why does Eve redistribute energy?" Because she is the initial woman and mother. Through her the Spirit of life of the CREATOR descends to every person on the Earth. "What about Adam? Must he also radiate the energy of the CREATOR?" – you can ask. Of course, Adam, as well as I, can radiate the initial and permanently expanding energy, but NOW he is asleep, but the energy, irrespective of his desires, descends to everyone. The God is in a human, while the initial and permanently expanding Spirit occupies the whole body. But in order to resurrect and keep your Spirit, you have to make your body work. We have already mentioned it, but regarding the information mentioned above, you must understand that it is necessary to set the self-reproducing process in your bodies NOW. NOW the universal processes are very quick and it is necessary to be in such state of BEING We described yesterday. That is why with edition of this book the Light of self-reproducing and permanently expanding Rhythm lives in your bodies. Through your heart the Sacred Link will reach your stomach, and from your stomach all over your body. It means that it is incredible for your mind to realize how high and permanently rising frequency of the initial energy enters you. The

question is: are you ready to accept the God? You have to hurry up, and Sergey is involved in it. Hurry to remember and collect 56% of yourselves in yourselves, it will make it easier for the other people. If you fail to do it for some reason, the lives of many people will be in danger. Hurry up, do it now.

NOW all the mankind will notice incredible speeds, reproduced on the Earth. With the edition of this book speeds will grow three times. You will notice that after morning evening will come immediately. You have to keep up to the given Rhythm. If you drop behind NOW, you will fall out this life entirely. If it happens life in your bodies will leave each of you immediately. But We ask you: do not panic, but with ease and Creativity start to produce eternal life, Sphere, solid Land in your bodies, feel your Planet and Avatar. NOW Sergey can feel what to fall out of life is, he can say that it is terror and nonsense. As soon as you fall out of life, your mind and body start to destroy and then die. It is the most terrible thing that can happen to a human. That is why you have to work ahead of schedule and set a high bar and then move to Yourself. NOW many people have fallen out of life, the human race do not know themselves, their Sphere, Land, Planet and Avatar. But the God is already knocking on your door and entering it, and the energy of your Sphere enters with Him. We warn every person that if you do not have a desire and corresponding motion, you will not survive on the Earth NOW. Of course you will desire to reincarnate on the Earth. There is only existence, but it is better to avoid this state. There is still the Space of cedars, but they are already distributed. It is happening for the first time in the history of the Earth and human race. Many people have illusion that they are going to get off scot free, We mean ignorance and absence of desire to know themselves. But not this time, after death people who

decided to forget themselves, will be closed in non-existence. And the way out is Light! And the way out is human himself! And the way out is God! Only the human himself can return himself from non-existence, with his own power, but there it is much more difficult to find themselves as in the physical existence. We warn every inhabitant of the Earth about such a situation. NOW everything is changing and coming to the God. And who is the God? You are the God, it means that everything is in your hands, including your life and future existence. NOW your Spaces are with you and only you are the owner of yourself and your Sphere. Let this book produce the true sense of BEING in your lives.

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Sphere, or we can also call it volume Sphere. Solid Land can be also called your home. Planet or your shelter. Avatar or you – collected and integral human, super Ego. You, living NOW on the Earth. If we NOW draw the picture of everything We have mentioned, it will look like this:





The Sphere contains the following: solid Land, Planet, Avatar. All these things are within your Sphere. Then We have illuminated your presence on the Earth. If you look at the picture, the Sphere and everything located in it, is separated from you, living on the Earth. But all the things the Sphere contains – solid Land, Planet, Avatar – are the indivisible part of you. Then the question is: "Who lives on the Earth?" Do you understand it? Only the tiny particle of 3%. Then 97% of an integral human are beyond it. But there is nothing beyond, there is nothing beyond, there is just one God waiting for everyone. It means that 97% are also here NOW. "Then where are my 97% of Myself: an integral man?" – you can ask. And then you can add: "NOW we want to see Ourselves, our Sphere and everything it contains. We want to touch ourselves. Is it possible?" "Aren't you afraid?" – We can ask. "What can we be

afraid of?" - you can ask. You must be afraid of yourselves, as almost all the inhabitants of the Earth do not belong to themselves and are afraid of real Themselves. That is why We ask this question. The pause follows as NOW each of you is thinking about this question. But We ask you not to think or decompose the very process of assembling. We have already told you about it. Your brain concentrates only one of your incarnations, while feelings embrace all your incarnations and your Spirit. That is why do not use your brain, use your feelings and sensations. And We ask you again: do you want to see your Sphere and everything in it. It is the moment, and NOW only you can make a decision, which can influence your future existence. If you are not ready, do not read and touch this information and its energy, because this action will destroy you, burn your organs and body. But if you decided to touch Yourselves and let yourselves into your body, the following information belongs only to you.

Now close your eyes and you will see Me: I am in front of you. I am dressed in a white and red dress. Look into my eyes, NOW the universal Spirit is descending from me to you, to your bodies. Can you feel pleasant burning in your heart? This is the energy of the initial Spirit, which has NOW entered your body, this is happening for the first time since you lost your Sphere. Then the Spirit visits your stomach. Look into your body, your stomach: the white veil is covering it, this is the Sacred Link. Next moment every organ, every cell in your bodies is filled with white liquid. And now look at Me, what can you see? I am transparent, through me you can see the light, filling EVERYTHING in EVERYTHING EXISTING. And now look at yourselves, what can you see? Your body is also transparent, and through it you can see the white light filling EVERYTHING in EVERYTHING

EXISTING. We are all connected with initial Link, the God and the Being. And now I will show your Sphere in its volume. Look: there are many Planets, and one Planet is special, this is your Planet, and here is your Avatar. Look into your Avatar's eyes. Can you see his eyes, your Avatar is waiting for you. NOW touch it with your hand. Can you feel the LINK, the LINK with Yourselves? NOW Avatar is smiling at you and giving his hand to each your hand, NOW you This is are YOURSELVES. And now enter your Avatar body. Can you see how many organs and new formations in it? But the organs and new formations look like black and white pictures NOW. You can ask why. The answer is very simple: body without soul is halfliving and half-breathing. Let Avatar into your physical body. NOW say it aloud: "I always want to feel my Avatar in my earth physical body." And now look and feel, NOW your body contains your Sphere, your solid Land, your Planet and your Avatar. Look at yourselves, look: there is incredibly quick motion in your intestine. What do you think it is? Your Planet in your intestine is rotating so quickly that you cannot follow Its motion. But it is not all yet, look: your body has just produced the self-reproducing process, it influenced every organ in your body, your organs began to move and breathe. Life has woken in your body for the first time. Now look and watch. Now your body will survive the processes you haven't experienced since the loss of your Sphere. Besides, you have to know the following: every day speeds are increasing very quickly. It means that the things which are important today can be unnecessary tomorrow. Every day look into yourselves, your body, in which the self-reproducing moment was started, and watch the permanently expanding energy of information.

I showed you the Spheres which belong only to you, but it is not all. Now regarding all this information, regarding the self-reproducing moment in your bodies, each of you has to collect all the Spaces existing HERE and NOW. What are these all Spaces? There are lost Spaces expecting their filling. These spaces were engaged and contained the programmed basis. For example, the Sphere of the Earth fitted its rhythm to the people of the entire Planet. "What is the Sphere of the Earth?" – you can ask. This Sphere contains your personal Spheres; taking into account the information of many Spheres, the Earth Sphere redistributes the energy of energies all over the Earth. What is the energy of energies? For example, the energies of animals, wind, water, fire, Earth, air. Do you understand what we are talking about? If you don't, we will provide you with the story beginning with the reasonable moment.

The city known as Donetsk, which is situated in Ukraine, does not exist in the reproducing moment. People took all the buildings in the former city and took their land, every family took one hectare of the land in lifelong possession. At last these families remembered the location of their hectares, they were situated in the place of the giant city Donetsk. Within one of the hectares, which is NOW situated in the place where the former "Lenin Square" was situated the baby was born. The mother of the newborn boy noticed changes at once. The wind began to blow, clouds gathered, the wolf-cub howled, and the state of the hectare entirely changed. She left her house to see what was going on and saw the following: her adult son was standing in the center of the hectare. Arsat pointed at the right corner of the hectare with his right hand, and the girl saw that something inexplicable was keeping incredible stream of different energies consisting of different species of

animals, air, water, and something she had never seen and therefore could not explain what it was. Her adult son said that there would be the moment when multidimensional and diverse energy of the Sphere will leave the corner of the hectare and fill every centimeter of their land. Elena realized that NOW she was unable to understand something with her mind, and asked to explain to her in terms of feelings what the energy of the Sphere was. Arsat asked her to move her head up and down, then right and left, and then added: "You see, the Earth contains incredible combinations of energies, composing this or that animal, tree, plant, river, sea, ocean etc. But there can be a great number of different combinations, that is why in the right corner of our hectare you could see something which had never existed. This is my child", - said Arsat and approached the Space of the Sphere, in which many combinations of energies were closed. He put his hand into this Space and took a small kitten. Then he approached Elena and gave her the small animal.

- Take it, it will connect me with the Earth Sphere. I will grow, and the kitten will help me to get used to the Sphere, as the full information of the Sphere is included in it. Then the reasonable moment will come and I will be able to bring multiple diverse combinations of energies on my Earth. I can plant many lost species of trees, animals, herbs and stones. And from our hectare people will distribute all over the Earth simple combinations of energies produced by me and the God.

Having pronounced these words Arsat disappeared, and Elena heard her son crying in the house. She looked at the place where her adult son had been standing, she was trying to concentrate. Then she pressed the kitten and entered the house.

The Earth Sphere. Now each person must touch the multiple and diverse energies with his body. It is very important at the moment. Remember, We have told you about equilateral cross and that each of you must be distributed all over the cross. So, the energies of the Earth Sphere are the indivisible part of you. Regarding this information NOW your bodies can accept the Sphere of the Earth. When permanently growing Sphere fills each of you and you can feel like the entire Earth, then the diverse changes will happen on your beloved Earth. You will feel many lost animals, trees, insects, plants, many lost souls of rivers, seas, oceans inside your bodies. You will feel the power giving you the ability to resurrect the live Space all over the Earth. Believe in yourselves! You can do everything NOW. It is not difficult to bring everything lost on the Earth. It is like an interesting game, but with its own rules. NOW we will explain the rules of the game called Creative realization of multiple images on the Earth. Now you have to feel the following information with your bodies. So, before you want to create the tree, for example, Zlatorost, you have to see its image. After that you have to let this image into your body. When it is inside, you will be able to feel it growing inside your body. Your feelings will be like this: the tree will start growing from your intestine, and you will feel it, then your stomach will accept the trunk of the tree. You will be able to feel the trunk growing and the roots getting stronger. The foliage and fruits appear in your head. And now let us create this lost tree. With both your hands you are embracing the tree Zlatorost, you are taking this tree out of your body and plant it carefully. The root of the tree must be in the soil, while its trunk and foliage over it. But until the tree appears physically, you have to remember the image of Zlatorost. Then your thoughts will come true. This tree could grow in each hectare and give unusual fruit resembling a square walnut,

but it contains a small piece of gold. Besides, there were trees giving the fruit of gems. Families did not have to dig wounds in the Earth to get easy money, everything was situated within their hectare. It is so simple, and We have always told you that you do not have to dig the Earth deep to get easy money. You can plant everything within your hectare. And the main thing is the desire to give the Earth its initial look, then harmony will be provided all over the Universe, and all the Universes. Nature will be able to get used to your desire of the weather: if you want spring rain, you can get it; if you wish winter snow, here you are, why not; hot summer, you are welcome. Every person living on the Earth NOW can have everything and even more. Is it possible not to desire it all? How can you be in the other understanding of existence? People, hear Us, and accept the grace of diverse, multidimensional, permanently expanding life. NOW EVERYTHING is open and accessible, take it ALL and use it.

Let us also get the information of the self-reproducing process, having begun in your bodies.

The rhythm of the stomach work and secretion of the gastric juice can be different. We provided you with the information that human stomach works from 5-00 to 17-00, but it is average. NOW everyone survives the connection of two Spirits, We have already told you about it. Many of you already contain two Spirits and they work together, being one integral Spirit. With acceptance of the integral Spirit the rhythm of every organ get tuned into the universal rhythm. And now you can feel it. Sergey says that his stomach reduced the work time and produces the gastric juice from 5-00 to 15-30. Besides, his stomach tells him that he has to reduce the amount of food twice, although he eats a little. But it is his own rhythm. NOW some people can say that they can feel that

their stomach works from 18-00 to 4-00 or from 14-00 to 18-00 etc. We will explain why. The souls of people can be in the other countries for a long time, but you have to understand that it is not for all. For example, the man lives in Ukraine, but his soul is in the USA, in the city of Los-Angeles. In this case he has his own rhythm of the stomach work and different time. You can ask: "How is it possible? You have told us that soul can be only within the body, and NOW you are saying that your soul and body can be in different countries?" We did not tell you that it is obligatory, talking about your soul, we meant different aspects of your personality: multidimensionally developed, multidimensionally imaged, multidimensionally Spacious people. There was no information that you are only within your body, this is absurd and gave you the information that you senseless. We EVERYTHING EXISTING and FORTHCOMING. Do you understand it? You are EVERYTHING, you can be wherever you want, not only on the Earth, but also in all the Universe, in the entire Creative Space. Get used to such multidimensional thinking. So, NOW everyone must feel his stomach. Only feeling your stomach and your heart you can be in the self-reproducing process. And then the immense spaces are illuminated: Creativity, Cocreation, then the spaces of EVERYTHING are open. You will be able to reach eternal youth you heard about but did not know how to get it; it will happen because you set the self-reproducing process in your bodies. NOW you can accept this information, believe, accept and move in your work. Collect Yourself: an integral human, and you will be able to be always young within your physical bodies. And then in your proper moment you will be able to leave, or rather leave the Earth, and having dissolved your physical body, assemble yourself in your Avatar, on your Planet. The energy of your physical body will be transferred to your Avatar. If the moment comes, when you have to return to the Earth, you will be able to leave your Avatar and move to your Earth physical body, if you wish it will be the same, with the same face. Then do all the work on the Earth, then dissolve yourselves again and move to your Planet, into your Avatar. NOW everyone can do it, the main thing is to move and collect yourselves, and you will be able to do everything. We will repeat it once again, as We feel that many of you cannot believe: information, solid Land, Sphere. Some of you doubt, they believe, but only till page 58, then they do not believe for 5 pages, and then they believe again. You must understand, as soon as you pass from faith to doubt, you bodies lose connection with the Initial source, Sphere, Solid land and Avatar. And again you have to start your work on collecting yourselves. So, you started again, and you believe again, you can return the Link, but up to some page, then you lose the Link again. This is a vicious circle, there is no motion in it. But We want to ask you: cannot you trust your feelings and sensations? We have already told you: do not try to understand the information with your mind, you cannot do it, only through your feelings and sensations you will be able to accept the multidimensity and permanently expanding energy of information. It can be done only in such a way. If you still cannot understand it, let us remember one man, he was called a Doubting Thomas.

In one village there lived Thomas, and he was a skillful fisherman. Many fishermen stick worms to their fish-hooks, cast the line, but their catch is poor. Looking at Thomas, they always amazed his catch, at any circumstances it was great.

- Thomas, how do you manage to fish so successfully? - they asked.

Thomas answered them:

- I make an agreement with the fish, that is my secret.
- But, Thomas, how can you make an agreement with mute fish? – the fishermen asked.

And Thomas always answered them with a smile:

- This is just in your head, fish is really mute in their mind, but I can feel every little fish in every lake or river. Through feelings I can make an agreement with fish, but not with any one.
- How is it possible to make an agreement with fish? fishermen asked bewildered.
- Look: here is the river, it is called the Spawning; can you feel the Spirit of this river?
  - No, we can't.
- But it is easy, feel the river-head of this river inside your bodies, then the river grows and flows into the sea, and along the river you can feel its power and Spirit with your body. The fish, living in this river, is an integral part of it. You can feel every small fish with your body, and then make an agreement with any of them. Everything is very simple.
- Is it really easy? We cannot understand how it is to feel the river and fish with your body.

In this case Thomas always said: "I am joking, it is just because fish comes to me for some reason, I do not even know what to think." But he said to himself: "You are not ready for accepting the God, but there will be the moment for all people to be happy."

You can ask why Thomas was called doubting? At that time there was ignorance and refusal of information in the settlements; people used such words as wasting disease, evil eye, incantation; and if some inhabitant of the settlement fell ill with some bad disease, there were such "doctors" who said that this man is under the influence of the evil eye. But in such cases Thomas always said that he did not believe in evil eye, wasting disease and incantations and he would never believe in them, because they do not exist and never existed.

- The God distributed everything, - Thomas said, - everything is in harmony. This is the truth! So tell me, what can be done to me, what I do not have?

And then he laughed loudly. But people did not like such behavior and they called him doubting.

The skill of Thomas to speak and feel spread all over the Earth, and people who did not understand it, drove him away. But he lived his own life in his own Space, because he was the Godhuman. This is another incarnation of Sergey, which he has to collect and distribute all over his body. Sergey can say that Thomas's life and deeds were different from those described in the Holy Bible. As the Holy Bible says Thomas saw Jesus and followed him, but Jesus did not want Tomas to follow him, he suggested him cooperation. Thomas knew his brother and met him with respect. In his conversation with Jesus Thomas suggested his vision of the harmonic world, and Jesus told him: "My brother, wherever you are, I accept you and your idea, because your vision is the same as mine." In the future Jesus cooperated with Thomas and the other apostles. But in the Holy Bible this information was distorted, Jesus was travelling and gathering people to teach and supervise them. These 12 apostles were equal to Jesus, they were his brothers. Before coming to the Earth, Jesus, his mother and 12 apostles signed the contract. In this contract God-people wanted to reduce the spread of ignorance around the lands of the called kings. In these places the called kings separated from the God and produced deep distortion of many truths. The mother of the God, Jesus and 12 apostles simplified many truths to be always in live life, for the mankind to accept the forgotten truths if they wish. This multidimensional work entered many lives. "Do you want to say that the Holy Bible contains distorted information?" - you can ask. Yes, but some moments in the Holy Bible are described with regard of many unchangeable truths. The Holy Bible was written just 300 years ago. "Why is it written 300 years ago? We have heard that it was written in 300 years after Jesus had left the Earth," – you can say. This is partially true. But We want to tell you that 300 years ago the Holy Bible was rewritten from 49 letters to 33 letters of the alphabet. And now tell us how is it possible to reveal the true sense of so many writings, having removed 16 live letters? Besides, We can add, that in the Holy Bible many writings were removed. In these writings you could read about Incarnation and reincarnation. "Why was it done?" - you can ask. To get more power for themselves. The priests have always tried to remove many live truths from the mankind, they used people in their egoistic purposes. But We have always given you initial and permanently expanding energy of information; people just had to get it. "So the Holy Bible does not contain any live things, does it?" – you can ask. But your question is not correct, We can ask in the other way: "What information is written in the Holy Bible?" The Holy Bible contains energy regarding just 12 pieces of the initial 1224 channels of information. Then the priests added their own vision of your life to these 12 pieces. But everything has its own moment, and this energy, written in the Holy Bible, enveloped you and enhanced your vibration for the last 300 years. You must understand it properly: We are spreading the energy of information up to permanently expanding multidimensity of the Creative Space. We

want to tell you: NOW leave the Holy Bible, these 12 pieces and join 1224 channels of the energy of information. NOW it is necessary to understand properly moments and processes. This is the moment of expansion for everyone, and only for this reason We are expanding you. Many people have lived for the last 300 years; many people have lived for 1000000 years, and even for are you, our dear readers and people of the Earth. Why are We giving such information? Just for you to understand a single thing: the truth is inside each of you, and you can always remember it and understand who you are. Each of you can remember not only what happened 300 years ago, but also your incarnations a multiple amount of non-existent time ago. Everyone has his own special moment of appearance in the Creative Space, that is why everyone can collect himself and rise from the ashes like the bird Phoenix. By the way, about the bird Phoenix: there are legends that this bird can rise from ashes. But what is the truth? Would you like to know? This is a live bird and it lived not everywhere, it lived only with those God-people who could feel and sense it. This bird did not lay eggs, so it did not breed. The bird Phoenix appeared at the land of the God-people like a guest. The God-people realized it with their bodies, there was no other way to enjoy its light. "Why light?" - you can ask. This bird was burning both inside and outside, the fire was always burning inside it. "How could fire burn inside this miraculous bird?" - you can ask. Yes, real, physical fire. And the most curious thing, at the dusk it could illuminate everything around it. And at a special moment this bird disappeared as well as it appeared. That is why there appeared the legend about the ability of this bird to rise from ashes.

NOW you cannot be surprised any more, as EVERYTHING EXISTING is contained in every person. That is EVERYTHING FORTHCOMING also depends only on you. Why are you surprised? EVERYTHING you can imagine already exists, and the things you cannot imagine will be reproduced by the people, illuminated by fire of the Sphere. In this or in that way the human race will come to realization of Themselves: as an integral human. Many people can ask: "Which way should I take to come to Myself?" But how can We show you the way, as each of you is the Universe? It is impossible to show you the way, as your way is inside you. We can show you your Spaces, your Sphere, Solid land, Planet, Avatar, but the way to Yourselves, to permanently expanding Creativity, Live life can be revealed only by yourselves. But at this way you should get rid of pride, as pride is the most terrible sin, ever existed. Pride stops and hypnotizes the human, making him its slave. The human, obsessed with the onedimensional manifestation of pride, is interested only in himself; but himself he can neither feel nor see anything. The man, enchanted by pride, breaks the Sacred Link with his Sphere and Himself. Pride always whispers at the man's ear: you, only you are the best, you, only you can do everything. You are the best, you are unique, and nobody knows more than you, you are the best at everything etc. The man believes and indulges pride, forgetting the God, the Sphere, losing the Sacred Link. It causes epilepsy as the human is concentrated only on himself. We would like to ask the man, obsessed with pride: "Do not you want to Love, and through Love give the Sacred Light to everything?" Look around, look, how many people, everything you can, feel, create is illuminated by the God. Do you understand it? It is not you, it is the God. In such a case you will not be able to concentrate on yourself, as the God is always different. Because the God permanently expands. Because the God knows neither beginning nor end. Where is the end or finish? There is no end, as well as there is no beginning. "What does it mean, there is no beginning? – you can ask. – What about the Creator, He was the first to create the Earth and the first man Adam, and then the first woman Eve? It was for the first time, wasn't it?" Adam, the first man, and Eve, the first woman, were Created by the CREATOR and illuminated with Love as you are. But We want to ask you the following: if Adam is the first man, how can you explain, that Adam, as well as Eve was filled with Universal energies, which know neither beginning nor end, because they have always existed. How can you explain that Adam and Eve have their own personality which has always existed. "How? Do you want to say that every person has always existed?" We want to show and give you the feeling of the eternal reproducing moment, having neither beginning nor ending. Your conception as a human was Created in the reproducing moment, which has always existed and will always exist. Do you understand it? If you do not, We will show you the real story. Look.

In the settlement called Svetlograd an unusual baby was born. His mother exclaimed his name – Gladar – as soon as she saw him.

Look, my son has seen light for the first time,
 pronounced Elena.

But looking into her son's eyes, Elena turned pale and felt strange.

- It's strange, - she said, - there is something unexplainable but curiously familiar in Gladar's eyes. Is sometimes seems to me that Gladar is not a human.

Her mother Zahvara always responded:

- Do not even think about such things. Why do you think that Gladar is not a human? What is he then?
- Oh, I do not even know, mom, but there is something strange but familiar in his eyes. It sometimes seems to me that I can see Devil in his eyes.
- Stop it, Zahvara told her daughter, you are saying nonsense.

Once Gladar was making a report on his project about the oasis of flowers.

- This inflorescence consisting of flowers, Gladar said, is the indivisible part of every Universe. Energies, filling the inflorescence, agree with each other, giving the human unexplainable joy. I can feel every energy, filling every inflorescence. Further I can see the image and I am beginning to Create.
- At what circumstances can the energies agree? asked the voice from the audience.
  - There are no circumstances, Gladar answered.
- Then tell us how you can take part in constructing inflorescences without any circumstances?
- Everything is very simple: energies agree with each other because I ask them about it.
- How can you ask energies as they are the integral part of the cosmic program? Do not you want to say that you are the God?
- The God is someone uniting all these integral parts of the cosmic program. But the offer is different: can you join this universal program of EVERYTHING EXISTING?

- Do you want to say that you are the God?
- I want to say that inside me there are eternal cosmic energies having neither beginning nor ending, which I can feel and understand. And if I can feel and understand them, then I can friendly agree with them, suggesting my vision, for example in mounting any oasis, consisting of flowers. And these cosmic energies can hear and understand me, this is a unity without personal outcome, this is a game and Cocreation.

After Gladar's explanations of his understanding of the world and unexplainable feeling of himself, the audience started to leave. Elena approached him and said:

- What were you talking about? What is there in your eyes?
   Tell me.
- You see, mom, you have always looked into my eyes, and I have seen your misunderstanding. I felt that you thought that in my eyes there is something strange to the Earth. And you were right but you did not understand the truth. And the truth is the following: in my eyes there are all cosmic energies, kept by my soul. And my soul is in every cell of my body forming my personality.

Elena looked into her son's eye one more time and said:

- Do not be offended by my misunderstanding but I will never understand both you and your eyes ...

"It is strange to realize that inside my body there are energies having neither beginning nor ending," — each of you can say NOW. But We can add: even more strange to realize that everyone contains EVERYTHING EXISTING and FORTHCOMING. Yes, So you go from life to life with this knowledge without understanding it. People live in ignorance, never wanting to know

Themselves. But tell Us, each of you, is there sense in your lives, if you do not know who you are? You can live, never thinking about permanently expanding volume, write your works, produced by one source, shoot bright films, work at offices, dance, clean the streets, thinking that all this is the result of your effort. But there is another Real picture. The energies in you encourage your achievements; as a rule, all your achievements are produced by one source. Do you think that you reached something or not reached by yourselves? Do you really think so ...? We are very happy when, for example, a dancer, a singer or an actor can hear his Sphere, in which the Sacred LINK lives and breathes. Then people, seeing or hearing such artists, say: "This is the talent from the God." And We say that it is the LINK with your Sphere, with your God, and a human can hear and reproduce this eternally diverse LINK. "What is a talented man then? Or really only special people are granted by talent? What about the other people? Are they deprived of talent?" – you can ask. In fact there is no talent at all. "Why?" - you can ask. Talent is a fiction invented by the priests for the human race. Besides, they chose the very word "talent". For what? It is very simple: to make people proud. That is why there is a saying: "This man is talented and that one is not." If we analyze the very word "talent", we'll find out the following: "ta" means the thrown piece; the second syllable "len" means flattering yourselves; and finally the last letter "t". This combination means detached, flattering only himself human. The understanding of the word "talent" gives an illusive picture to the human. The man thinks that only his talent is the best, and stops his development. Then pride destroys him and throws away like rubbish. Then what word to choose to characterize a man, who is good at sports, dance, singing etc.? We can say that they are just skills; but if the man can hear and feel his Sphere, these are not just skills, it is Cocreation. Cocreation ... In this word the true sense of Being is hidden. Only a man, living in Cocreation, can be permanently expanding and permanently diverse. Because the God is always like this, and nobody can calculate the God, because he is always diverse, always in motion, in Creative search. And this Creative search must be always in you, in each of you, because there is no other way to move. You can ask Us: "How can we find eternal Creativity?" It is very simple, you just have to use the energy of information given in the series of the books "The Rose of the World" and in films, music, dances etc. "You must be always in eternal search." – it is stated in many writings and described by many philosophers. But NOW only I can open the door, behind which there is your LINK of the integral human. Only NOW people can remember and collect all their incarnations and fill in all the holes.

It is not difficult to remember all your incarnations, you just have to work in a different unusual rhythm. "What is this different unusual rhythm?" – you can ask. Many people, actually almost all, work just in physical rhythm, for example, they plant trees, earn money, travel around the world, learn etc. It is connected only with the physical rhythm. But another unusual rhythm is connected with your Spirit. For example, Sergey works with his Spirit, lying in water in the bath for 3-5 hours a day. He closes his eyes and remembers his incarnations, then he processes the energy, connected with disharmony of the former lives. It can seem to you that Sergey does nothing for 5 hours a day but it is not true. This is a serious and Real work, which cannot disappear. Through spiritual work you can be eternal, as the physical realization of a human must be planned by the Spirit, or in the other words, an integral man. What does Sergey do in the bath? As it is described in this

book, realizing the present events he pronounces: "Zeranta, help me to remember all my incarnations both on the Earth and outside it." Then he closes his eyes and accepts the pictures of his former lives entering his mind. He looks these spiritual pictures through, and then remembers 5-10 former lives a day. "Is it possible to remember 10 lives a day?" – you can ask in surprise. But it is not the limit, you can remember even 100 lives a day. But these are the other speeds. When the self-reproducing rhythm in the organism is produced, then you can remember and harmonize 100 lives a day. We want to warn you: but the memories of your incarnations you have to expand your physical Space. It will be a mistake if a man just remembers his lives. This comatose state can lead the man to limitations. "What should we do then?" - you can ask. You have to enter the rhythm of the life, illuminated by the God, for example, feeling yourself the integral part of EVERYTHING EXISTING, feeling your Sphere, Planet, Avatar. You distribute the energy of information in every day of your life. In the other words – you both remember your lives and work at your hectare. "What does this work mean? We do not have it yet." - many people can say. But why do not you have it? You had to not only learn the information, but also use the energy in your lives. Do you remember We have given you the information that every man can plan and feel his hectare of the Earth, within which there are multiple combinations of the Earth Sphere energies? But NOW We can add something to this information. We missed out this aspect because you were unable to understand this information. You must understand and feel the following: the Energy of your hectares is always with you, wherever you want it or not. Your routine, your even small Space on the Earth is the reflection of your hectares of the Earth. "What does it mean?" - you can ask. It is very simple. Look: the remains of energies, or the remains of unnecessities,

found by Sergey, exist only because each of you refused Himself: an integral man. You, each of you, refused his hectare, his Space, Solid Land and Sphere. But their energy is always with you, We have already mentioned it. Your hectare is also near you. Its energy, even its remains, fills your Space. Realizing it, but remembering your incarnations, you must care for your Space. The God said: "Only those people who can distribute and stretch themselves to all the existing Spaces can enter their permanently expanding Spaces." And the sense of the permanently expanding and live God-human is the following: feeling as integral, allembracing, creative, the man is moving in his own rhythm, feeling the universal Rhythm. But if the man has not gathered himself yet, he must feel his hectare inside, expanding his Space. Do you remember how to expand your Space? Through Cocreation, for example, you can knit a sweater, paint a picture, make an adornment etc. These actions created the LINK of the God with you. But for better understanding of feeling your Space, We will tell you that the energies of EVERYTHING: trees, animals, insects, water, in general, the Earth Sphere and all the Creative Space are inside your bodies. This is your Space, distributed over the equilateral cross. You have to feel, sense and realize in the reproducing moment. "Tell us if business can be our Space?" - you can ask. If it is your personal business, it can be your Space, but if you work for someone else, you give the part of you to the other Space. NOW everything is different, the business, which gives you material things, must also be in the God's Rhythm. Look: if, for example, before many farmers had the land on lease, expanding in such a way, now this system is not effective any more. Now all the farmers must give their land back, and work only on their hectare, only their land. While before the quick man created his own firm, his empire and hired workers, now this system is not working. NOW for development of your business you have to let your people go and work yourselves. You have to travel, agree, develop yourselves. Slavery does not exist anymore. It means that people who want to be slaves, are destined to miserable existence in poverty, and people, having realized the God's program, who accepted Themselves, will become immortally rich both in Spirit and in material sphere. NOW Sergey is thinking about the following: if there is no slavery, what is the right way of making business? If the businessman can suggest people something they do not have yet, can it be slavery? The golden mean differentiates the relations the priest and the slave. Look: the landlord gathered the hectares from people, bought tractors and plants different crops. As people do not understand the god process, they may think that the landlord does not cause any disharmony. But it is just vision, and in reality it is like this: the landlord gathers the energy of 20 or 100 hectares. People, who gave their hectares, expect money for the lease. These people do not care for their hectares, they became slaves. A landlord works at 100 hectares of land, making money, and the part of their outcome they give to their lease-holders. These events remind he deeds of Listak, We have described that Listak made a mistake and brought the mankind to toy existence. In this state people do not want to think, Create and Cocreate, because people gave their energy to other people. NOW all the Spaces are harmonizing, it means that old systems do not work anymore. And if the landlord does not understand general processes, taking place on the Earth, his business will fail. But if he understands, he will give all the hectares back to the people and he will care for his own hectare of the Earth. It is also possible that people, having taken their hectares back, can ask the landlord to help them, give him money as he can work on their land with his

tractors. Do you understand what We are talking about? If you do not understand, We will describe it in the other way.

In the life of a man Alexey from Sevastopol unexpected changes happened. Alexey, without understanding the moment, is trying to influence them somehow. His wife Alena does not understand the reasons of his problems in business and blames him, he can just say that he will improve everything. But he does not understand the reason of these changes happening to him and his family. 10 years ago Alexey started his business, where 45 people are working. During this time he bought a big house, a car, estate in Europe and a couple of shops for his wife. 45 people working for his firm provided the outfit. But NOW everything was over. People began to leave, the outfit reduced 10 times and business partners did not want to work with him.

- What is going on? His wife asked angrily.
- I don't know but it seems that the God himself is destroying everything. But I do not know the reason.
  - What is going to be next?
- I think that we have to rebuild our life. To my mind the old life will be substituted by the different unusual and reasonable life,
  Alexey said.
- What are you talking about? You are mad? What different life are you talking about? You have to put this live in order and you are telling me about a failure like a looser.
- You can say whatever you want, but this life will change but I do not know how.

In a month Alexey's wife left him, she could not understand and accept the situation. His business was destroyed, people left, Alexey was alone. Being in his house, without his wife, his children, his work and usual life, Alexey said out: "My God, if you can hear me, listen to me. I do not know where I should go as I am blind, I do not know my nature. I have never asked you about anything but NOW it is the moment when I cannot do without You. I want to ask You about the following: I need help, help me to solve this situation, find my way and realize my nature. Is world is illusion, now you are successful but the next moment you are at the bottom, you have nothing. Only NOW I realize that irrespective of your wealth and power there is always the moment to pay and to answer. The man can be deprived of everything, or death can take you every moment. And what then? Nothing: everything you have in this life: power, money, respect, you will have to leave here. And what will be there? Will there be anything? Only NOW I can see how illusive and relative everything is. But I can feel and understand that there is another reasonable way without illusions and prejudices. I feel that if I leave the Earth, I will leave it having only myself. Show and reveal, please, me my way. I will go this way and I will be the winner, as if there is no sense in it, there is no sense at all." - pronounced Alexey and fell asleep on the sofa. That night he had a dream: the God told him that NOW he has found his way. "Even if you think that you are alone without anything, you are on the right way. This way will lead you." After these words Alexey saw incredibly beautiful Planet called Zlatogor, where the man was standing and smiling. He knew this smile. Alexey said in his dream:

- Who are you? I know you and I have always known you. Who are you?
- I am you, and you are my integral part. You are making a mistake thinking that you are only your Earth body, you contain

EVERYTHING EXISTING. Do you understand it? You are everywhere where Love is, I can contain all the light of Love you can do it too. Alexey, NOW you are on your wonderful Planet and you can see Yourself: an integral God-human - Avatar. Your Planet is your home, where you will go after you leave the Earth. The God has already built the way to Him, NOW you have to develop and expand. You have to fulfill your mission on the Earth. Trust the God, feel the Sacred LINK with Him, but do everything properly and the God will help you. You will find your Solid Land, your Sphere and your Source. Do not be afraid of anything as now the God is with you!

NOW many people will change their life, taking the Divine Rhythm. Do not be afraid. You have to understand that you have the hectare of your own, on which there are multiple permanently expanding combinations of energies, such as: The Sphere of the Earth, Creative Space in EVERYTHING EXISTING. This Space is expecting corresponding actions from you. There will be no more directors and workers, there will be no slavery on the Earth. EVERYTHING is coming back. You can ask Us: "How can we earn money?" Only working on you hectare, not for the other people. You can do it only with your God, your forces, your creativity, your LINK, originating from your Sphere, Solid Land, your Planet and Avatar. You can not only earn money but also be yourselves: an assembled and integral human. We can already see that not the entire human race will accept the Rhythm. Many million and billion losses will be usual now. The sphere of slave, vampire business is being destroyed by Us now, and Now everyone who cannot hear this Rhythm will be thrown away by life itself. Life is God, God is Light, Light is Love, being in every millimeter of the Creative Space and far beyond it. "How can Love be beyond the

Creative Space?" - you can ask. And we will say that this topic will be described in the next book. And NOW you have to get used to the new Rhythm, arranging life. As soon as you relax and lose the universal Rhythm, everything will be destroyed: life, business, family etc. As soon as you lose the Rhythm, you fall out of life, as your life has physical structure, and if the physics takes the speeds and power of two Spirits, a human will fall out of the physical world. In other words: he will be reborn again. The human race must understand that nobody can escape the God. If you understand it, the other actions will take the universal Rhythm. NOW every human living on the Earth is on the line dividing "being or not being Yourself: an integral man." Many people cannot understand, why you must find yourselves at this moment. Many people will read this information and continue living their usual lives. But there is one more thing missed out by many people. We will repeat it: We have closed all the spaces which met you after death, leaving only the Space of Cedars. The entrance to these spaces is open for the special people by the God. The other people, who did not even want to think about their return, will be stuck in non-existence, but there is no life, as life exists only in physical bodies. Further We will ask you. If all the spaces are closed, where will you go after death? Where? You have no place to go after leaving your physical body. And if you cannot feel your Planets, your Avatar, your Sphere for some reason, you have no place to go. This is the part of the experiment, he has just one way out: to return everything to the initial state of Being. NOW everyone belongs to himself as the God released the energies of every person. NOW only you can decide, if you want to be in live and permanently expanding filling of Yourself – God-human.

Many of you in your Earth incarnations thought about your nature. It seems to me you thought. But We will lead you to the following question, and therefore to meditations: Where have you lost Yourselves? It is not a secret, that each of you at a certain moment of reasonable and Real permanently expanding life lost Himself, having detached from the God: integral human or Avatar, Source, Sphere and Planet. Yes..., it is the truth, you, each of you, detached from Yourself and the God. And then you locked yourselves in a circle of senseless reincarnations on the Earth. You have not realized yet, who you are, and why you are in such a desperate state on the Earth? All of you were Gods and you could do EVERYTHING you wanted, you could do EVERYTHING you felt. You were Live and Real, but each of you lost Yourself, having detached from the God. This action caused multiple distortions of you as integral people, as well as the Earth. Then you all were imprisoned on the Earth. Each of you felt that the God is somewhere near you, but you could not find Him. But now We will ask a question: "If you disconnected Yourselves from the God, is it possible to connect Yourselves to the God?" The answer is clear: within one millisecond you can return home, to your Sphere, and therefore accept the God. Many people, for some reason, think that the God can hear them, and they are under His protection. But it is an illusive mistake. NOW I will explain the following: only one God can hear all people on the Earth, AND THIS GOD IS ONLY MINE. And your God cannot hear you. You cannot understand the Real picture yet; I know that you must hear it, to avoid the illusion. The God can hear only his son or daughter. Jesus told everyone that the God can hear him, but He cannot hear you. And then he explained: "I am the only son of my god." The Mother of the God could also hear the God, but she could hear only her God, and she was his single daughter. NOW Sergey approached his God. Have you not realized yet what information I am revealing to you for the first time for many ions of non-existent time? You, each of you are the God. You are the Creators of your lives. Do you understand it? It is clear, if you are Gods, only you can hear YOURSELVES, an assembled, integral human-Creator. Look, I will show you the following.

Each of you, standing on your Planet, every time before your incarnation on the Earth for example, pronounced the reasonable speech, and your speech was Live and God-creative. In your speech you set the special Rhythm of your incarnation. I want to say once again that you chose yourselves your role on the Earth, and then you went to some place, chosen by the God. Many of you, being in your Space, on your Planet, feeling the universal Rhythm, created your own unique Rhythm, your role as an integral human and went to the Earth.

But now I ask you the following question: Are not you tired? Do not you understand what I am talking about? Are not you tired of yourselves: narrow, lying, lazy, never wanting to know and understand yourselves and the God in yourselves. Sergey, for example, is tired of himself. He was tired so badly that decided to remember Himself: an integral man, and did his best to reach his goal. Yes, he remembered and realized that for collecting himself he must move. I do not worry for him anymore, because he will continue his Existence without Me. The question is – do not you want to remember Yourselves? Do not you want to collect yourselves? You can say: "Of course, Sergey was illuminated with your light, that is why he can remember and we cannot." Why is it him? Aren't you illuminated with my light? Have I not told you, each of you, that without My Light the human race would never appear on the Earth? NOW I will tell everyone: now each of you

can appear on the Earth only with the help of your God. But for this everyone should remember Himself and collect all the incarnations into one Real life. When it happens, you will be able to understand where to move. You will be able to understand and realize, what you want from life. You will be able, feeling the uni-Rhythm, include your Ego into EVERYTHING EXISTING, and it will be the manifestation of the God in the Universal Spaces. It is not difficult, it is very easy. You just have to want. But not just want and justify yourselves like the following: "I am so tired at work that I do not have time for collecting Myself." You can also add: "My work is very important, I cannot refuse it." I will ask you: is your work so important that you refuse Yourselves? Do you really think that your work is so useful for the Earth? Do you really think that your work is so useful for your Space? Do you really think that your work can help you to collect Yourselves: integral people? Ask yourselves and answer. And now tell Me, which work contains true Reality? The work where you earn money for yourselves, or the one where you can find Yourselves and the God in Yourselves? I do not mean that you do not need money at all. You need money at the moment. I mean the other sense, in which you can find your own way illuminated by God and Love. On this way you will need nothing, as the way you will go can give you everything. If you thought about such understanding of Reality, there would be no such problems for you. You would not have problems at all. Many people can say: "I am going my way, and then it doesn't matter whatever happens." Think it over. The people who thought about the Reality, always found It, and then they found Themselves. There has never been such a situation that the person wanted to open the Reality, remember and collect himself, used the reasonable motion, and there was no result. I will tell you that all the people wanting to collect themselves, entered their Divine Rhythm and found the God, as they are Gods themselves. Do not you want Live life? Do not you want to live? NOW in your old clothes you cannot enter new life. This is the experiment the God decided on blessed by the CREATOR. And NOW in your lives you can see changes. You cannot survive without accepting Yourselves as an integral human. Even if there are only three people on the Earth, it will be the same. Do you understand, what I am talking about NOW? If you don't, I will illuminate the Reality of the events in progress, look:

In one of multiple settlements the boy called Zahvar was born. In those settlements unusual people lived, all of them felt only their God and knew what they had to do at this or that moment on the Earth. Zahvar became a young and beautiful young man. And once feeling the call of his God inside, Zahvar told his mother that he was going to the mountains. Svetlana told her son:

- You cannot set them free until they want Live life whole-heartedly.

## Zahvar responded:

- I know, but among them there is one man, whom I can feel and he is ready to join our life.
- Weird, Svetlana said, but I cannot feel. Who are you talking about?
- His name is Radosvet, I has been his friend many times, and NOW I can feel that he is ready to collect Himself. I will go to the mountains and find his soul, and then I will take him to the Earth.

- But if you are mistaken, Radosvet will not survive on the Earth. Do you realize it? You will make it even worse, do you understand it? Perhaps you do not have to change anything?
- I will take responsibility and bring him to the Earth, as I can feel and know that he is ready to collect Himself and find the God inside. Do not try to stop me, mom, because I can feel this man and I am sure that he will survive on the renewed planet Earth.

Having pronounced these words, Zahvar went to the mountains on foot, although he could find himself at that place within a moment. His walk demarcated two Spaces: the Space embracing EVERYTHING EXISTING, including the Earth, and the Space, which has not been introduced to it yet. During his travel Zahvar kept the Space of Radosvet in his body, and approaching the mountains, he felt inside all the parts of the man he wanted to take to the Earth. "Weird – he thought, – how can you fall asleep, been alive, when even a single cell of the physical body cannot feel Itself as an integral human. You cannot explain it to yourself. But it already happened, – thought Zahvar. – The people of the Earth were in such position, being reborn in a vicious illusive circle. How is it possible not to want remembering and collecting Yourself?" Zahvar was going to imagine him revealing the true sense Being to the people of the Earth who have forgotten themselves. "Look, people, it is life. It has neither limits nor ending. You just have to want this life and the mechanism of collecting yourselves as integral people will be started. You will be able to collect yourselves during your life and break the illusion of limited life. Look, your God is waiting for each of you, stretch your hand and take his hand with yours. And your life will take the other rhythm and shape. It is very strange to realize that not all the people are interested in their future being. It is so strange to realize it." – Zahvar pronounced again and again, approaching his destination.

- Here I am, - the boy said loudly and cheerfully. All the universes knew him.

Then Zahvar began moving his feet as if stepping over invisible obstacles and taking something invisible in the air.

- Do it. Help me, I can feel you, the man called Radosvet, –
   pronounced Zahvar.
- Hello, Radosvet. NOW you are in me, in my Space. But NOW I am taking you carefully out of me and introduce you to the Earth. Are you ready to revive for the first time after you lost yourself. Yes, I can feel you inside, with all your organs and parts of your body, I can feel your thoughts and I can answer you: you will be reborn in one my beloved family, they agreed. But you must understand the following: before taking you out of my body and giving you to the man and woman loving each other, you must pronounce your multidimensional speech. Your speech will realize you HERE and NOW, as I am keeping you as an integral human. You do not have to worry about anything, these two people will bring you to life.

Then Radosvet, feeling that he is an integral man, realizing the present situation, pronounced:

- Hello, all the Universes! Hello, all the Spaces! Hello our beloved CREATOR! Hello, Love! I realized my state caused by unreasonable actions. I remembered and gathered many of my incarnations, where I was just a child. Besides, I remembered one extremely important incarnation, in which I could feel the God. I remembered all my desires and dreams at the moment of feeling

the God inside, and I decided to live Life, full life of the Godhuman. I am singing and my song is bringing me to the renewed Earth!

Then Zahvar took the man called Radosvet out of his body and at that moment two people, the man and the woman, loving each other, accepted the man who wanted to live Real life. Zahvar stood for some time, thinking, then moved his hands in the air as if looking for something or somebody. Having found nothing, he pronounced:

— I can feel and see you all, people from non-existence, and I am suffering to watch you, because this terror you live in is sad. But I know that each of you can make a reasonable step and start motion, which will bring you to reasonable existence. It will be the motion which will revive you and the God-human in you. When it happens, I will be near you. Let it be! — pronounced Zahvar and disappeared from the visible world, bringing himself to his destination on the Earth ...

To be continued...



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## The Integrally Whole Human

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